



YOUR CENTER CONNECTION

August 2026 Issue

“Embracing Diversity, Fostering Unity”



In 1935, Congress declared the 1st Sunday in August as **National Friendship Day**.

The idea of a day to celebrate our friends is not just an American one. Friendship Day is celebrated all over the world. This day reminds us of all of the idea of friendship between individuals, peoples, cultures, and countries.

This is the day for besties! But, it has a deeper importance than just for an individual, this day is to celebrate it underscores the value of friendship in our lives. Friendships are essential for support, and emotional, personal, and mental well-being. Friends provide a support system to make one's life fulfilling and happy. Celebrating Friendship Day allows each of us to show our gratitude to our friends, and their role in our lives, strengthening the bonds that hold us together. It's a reminder to cherish and nurture these relationships, recognizing that friends are the family we choose for ourselves.

Friendship is so important in this world; as digital life is leading us into isolation, we need real socialization. We all should celebrate this day with great excitement and continue keeping the human bond alive!

Our Mission:

To keep your loved ones in their own home environment for as long as possible with the highest quality of life for the loved one and you as the caregiver.



Assisting & Monitoring Your Loved One's Daily Care Needs



MARIAN E. BURCH ADULT DAY CARE & REHABILITATION CENTER

1150 E. MICHIGAN AVE, BATTLE CREEK, MI 49014

269.962.1750 MAIN

269.962-6008 FAX



FACEBOOK.COM/CALHOUNCOUNTYMC

YOUR CENTER NEWS

Center Closings, Inclement Weather, and Transportation

Listed below is some helpful information about Center Closings/No Transportation on Bad Weather Day(s).

- Remember to keep your driveway, sidewalks, and ramps salted and plowed. This will allow us to escort and transport the client safely.
- Bad Weather Days! Our policy is as follows...If schools are closed (primarily Battle Creek Public and Lakeview Schools), we will not be able to provide transportation to and from the Center. If the Center decides to remain open and not provide transportation, a staff person will call clients/caregivers to identify who will be self-transported to and from the Center. Note: If the above school districts were previously scheduled to be closed, then the Center will base our decision to not provide transportation and/or closings based on other community transportation/service providers.
- WWMT currently no longer sends Text notifications that our Center is Closed. However, you can still receive notifications regarding closings through the News Channel 3 app. Please see more information below.
- Cancellation Policy—Please call (269) 962-1750 to cancel at least 24 hrs in advance. We understand that uncontrollable circumstances do happen, so feel free to leave a message at any hour of the day. We check messages at 7:45am, M-F. Or email the following staff below. Note: If you choose to send an email notification, please include ALL of the email addresses below to ensure that a staff person receives the cancellation.

Alicia Davis – adavis@ccmcf.com

Courtney Childs – cchilds@ccmcf.com

Keely Goff – kgoff@ccmcf.com

West Michiganders to get closure alerts via News Channel 3 app Some West Michiganders who have received text notifications regarding closings may notice a pause in service come end of March 2024. News Channel 3 wants to inform viewers that they are no longer using a program called Textcaster.

However, you can still receive notifications regarding closings through the News Channel 3 app. Follow these steps to ensure that you are still informed of closings in your area:

Download the News Channel 3 App: Google Play, Apple Store, or Scan the QR Codes Below



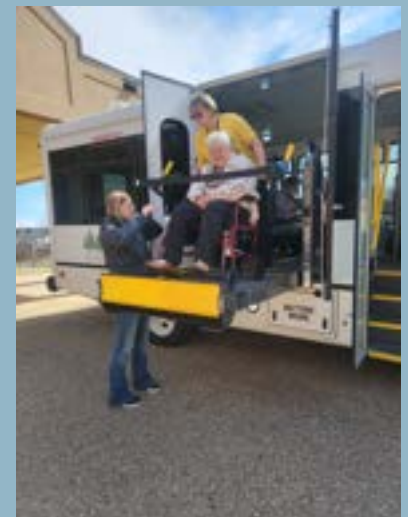
Enable Push Notifications After downloading the app, be sure to enable notifications to receive updates on all thing's news, weather, and sports - including closings.

Open the News Channel 3 app If displayed on top banner, click "Enable Push Notifications" If not displayed, click "Me" on the bottom right, select "App Settings," and toggle on Device Notifications

Loading/Unloading Zone at the Center



Please remember to drive up slowly when arriving at the Main Entrance of the Center. If the buses are parked near the main entrance, please use the parking lot. The safety of the participants, guest, and staff is our upmost importance.



Title VI Notice

Marian E. Burch Adult Day Care Center is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964 and Federal Transit Administration (FTA) Circular 4701.1B.

For additional information on Title VI or to file a complaint, contact:

Alicia Davis, Adult Day Care Director

1150 E. Michigan Avenue, Battle Creek, MI 49014

Phone: 269-962-1750

Fax: 269-962-6008

YOUR CENTER NEWS



SAMMY P.
AUGUST 5TH

DENNIS U.
AUGUST 11TH

COURTNEY C.
AUGUST 15TH

TIM S.
AUGUST 28TH



**SORRY, WE'RE
CLOSED**

**The Center will be
CLOSED:
Monday
September 7th
(Labor Day)**



Peggy Elwell spent her time before retirement as a homemaker and farmer's wife. She loves spending time with her husband of almost "67 years" and their four children. Peggy especially loves going out to eat, card games (Skip-Bo or Uno), and a good party! Peggy used to collect rooster's. While at the Center Peggy loves visiting with everyone and riding on the golf cart.

**MEET
PEGGY**

Healthy Habits with Celebrations

If your loved one would like to Celebrate their 'special day' with us and you're considering on bringing a treat to the Center to be shared, please contact us one week prior so that we can address food allergies and medical conditions with those who will be in attendance.



**This will ensure a
celebration that's safe
and inclusive for all!**

*IN LOVING
MEMORY*

Please consider Marian E. Burch Adult Day Care & Rehabilitation Center in your Memorial Contributions and Estate Planning. Or, ask us about how to purchase a Memorial/Dedication Brick.

Donations of any kind are always appreciated!



YOUR CENTER NEWS

Save Our Sign!



The Center is looking to raise \$4,200 to restore our original sign. This is a unique sign made out of Redwood and has a lot of history dating back to the early 1995.

Any contribution towards the sign is appreciated!

Are you interested in joining our Advisory Board?
Ask us how!!

Adult Day Care Advisory Board Members



Beverly Kelley
Board Chair



Pat Fosdick
Vice Chair



Charmaine Burch Bogan
Secretary



Jill Robins
Treasurer



Stanley Horn
Member



Joyce Spicer
Member



Dave Eddy
Member



Kristina Smith
Member



Wille Tabb
Member

Field Trips

Are you interested in participating in a Day Outing-Field Trip? If so, please consider setting up a 'Trust Fund' at the Adult Day Care Center, by depositing money. The **FUN** is waiting!



LET'S GO

ADVENTURE



Memorial/Dedication Garden - Located in the ADC Courtyard

Consider purchasing a Brick to honor someone special!

Ask Us How!!

August 2026

MONDAY

9:45 Cardio 
Drumming 
10:00 **B-I-N-G-O!**
11:00 Karaoke
12:00 Hangman
1:00 National Watermelon Day on the Patio 

9:45 Cardio 
Drumming
10:00 **B-I-N-G-O!**
11:00 Mini Golf 
12:00 Would You Rather?
1:00 Ring Toss

9:45 Cardio 
Drumming
10:00 **B-I-N-G-O!**
11:00 Basketball
12:00 Dad Jokes
1:00 High Low Card Game

9:45 Cardio 
Drumming
10:00 **B-I-N-G-O!**
11:00 Basket Toss
12:00 National Waffle Day! 
1:00 Fun on the Patio!

9:45 Cardio 
Drumming
10:00 **B-I-N-G-O!**
11:00 Nerf Blast
12:00 Michigan Beaches 
1:00 Skee-ball
Golf Cart Rides

TUESDAY

9:45 Morning Moves 
10:00 **B-I-N-G-O for FUN!**
11:00 Frisbee Toss
12:00 Name 5 Things
1:00 Spin-It to Win-It 

9:45 Morning Moves 
10:00 Washer Toss 
11:00 Bean Bag Throw
12:00 Trivia
1:00 **Live Music with Shan** 

9:45 Morning Moves 
10:00 **B-I-N-G-O for FUN!**
11:00 Chuck -A-Duck 
12:00 Word Search
1:00 Noodle Ball
Golf Cart Rides

9:45 Morning Moves 
10:00 Karaoke
10:30 **Bible Study with the Bogans!** 
11:30 Toilet Plunge
12:00 Who Am I?
1:00 Tic-Tac-Toe 
Bean Bag Toss

WEDNESDAY

9:45 Sit and B-Fit Exercise 
10:00 Bell Toss
11:00 Color Challenge
12:00 Guess 10
1:00 Board Games, UNO, and Coloring
Golf Cart Rides

9:45 Sit and B-Fit Exercise 
10:30 **Whole Building Splash/Car Wash Day (ADC Patio)** 
11:30 Bucket Ball
12:00 National Vinyl Record Day!
1:00 **Sing-Along with Elizabeth** 

9:45 Sit and B-Fit Exercise 
10:00 Hoops
11:00 Multiple Board Cornhole
12:00 National Potato Day!
1:00 **Live Music with Jerry Ball** 

9:45 Sit and B-Fit Exercise 
10:00 Dart Board
11:00 Cup Slide
12:00 National Dog Day! 
1:00 Flingin' Birdies 

THURSDAY

9:45 Cardio Drumming 
10:00 **Client Committee** 
10:30 Cornhole
11:30 Fun in the Sun!
12:00 Who Am I?
1:00 **B-I-N-G-O!**

9:45 Cardio Drumming 
10:00 Giant Memory Game
11:00 Mini Basketball 
12:00 Hangman
1:00 **B-I-N-G-O!**

9:45 Cardio Drumming 
10:00 **B-I-N-G-O!**
11:00 Shuffleboard
12:00 National Radio Day!
1:00 Ping Pong Egg Toss 

9:45 Cardio Drumming 
10:00 **B-I-N-G-O!**
11:00 Gone Fishing 
12:00 Name 5 Things
1:00 Tabletop Bowling
Golf Cart Rides

FRIDAY

Wear Tiger's Baseball Gear! 
9:45 Seated Stretching
10:00 Get Crafty with Juanita & Pat
11:00 Ladder Ball
12:00 Michigan Lighthouse Tour
1:00 Noodle Soccer

Wear Funky Footwear! 
9:45 Seated Stretching
10:00 **B-I-N-G-O for FUN!**
11:00 **Pet Therapy with Molly & Paul** 
12:00 World Lizard Day!
1:00 Bean Bag Slide
Golf Cart Rides

Wear Your Favorite T-Shirt! 
9:45 Seated Stretching
10:00 Get Crafty with Juanita & Pat
11:00 Karaoke
12:00 Trivia
1:00 Connect 4 on the Patio!

Wear Lions Football Gear! 
9:45 Seated Stretching
10:00 **B-I-N-G-O for FUN!**
11:00 Slide Car Challenge 
12:00 Would You Rather?
1:00 **Live Music with Shan** 

 8/4 Outing: Air Zoo
8/13 Outing: Station 66
8/19 Outing: Calhoun County Senior Fair Day

AUGUST DRESS-UP DAYS!

AUGUST 7TH

WEAR TIGER'S
BASEBALL GEAR!



AUGUST 14TH



WEAR FUNKY
FOOTWEAR!

AUGUST 21ST



WEAR YOUR
FAVORITE T-SHIRT!



AUGUST 28TH

WEAR LIONS
FOOTBALL GEAR!



VOLUNTEER CORNER

VOLUNTEERS NEEDED



Every Monday @ 10am

Every Thursday @ 1pm



If you have a special talent or interested in leading an activities, craft, game, entertainment or special program, please contact our office!



Volunteer Spotlight



Paul & Molly



Paul & Molly have been bringing **JOY** to our participants for little over a year. While at the Center, Molly shows off all of her tricks. She enjoys her visits; especially the petting and scratches her heart desires! Paul enjoys working with his dog partner, and Molly enjoys “having a job”. If you are considering volunteering your time at the Center, Paul states that “it is a good opportunity to contribute to the community”. **Thank you** Paul and Molly for all the **FUN** you help bring to the Center!

Benefits of Volunteering

- Sense of Purpose
- Reduces Stress
- Impacts Lives

GOT AN HOUR!

LEARN MORE!



ccmcf.com

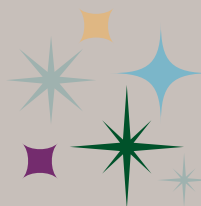
CONTACT US

Volunteer Coordinator

Terri Chapman

Phone (269) 962-5458 Ext 311

Email: tchapman@ccmcf.com

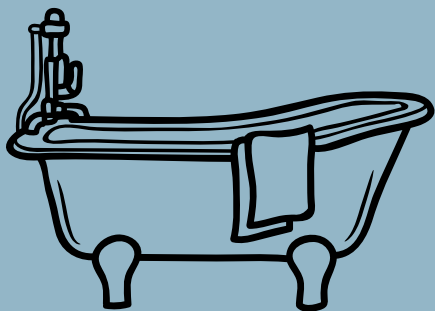


HEALTHY HABITS

DID YOU KNOW?

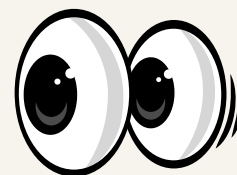
The Center offers supplemental health services such as bathing, podiatry, and restorative therapy.

Contact us today to get your loved one added to the schedule(s)!



This August, Keep an Eye on Your Vision

August is National Eye Exam Month. You might be surprised to know that there is more to an eye exam than just checking your visual clarity. A comprehensive eye exam is an important part of your overall health.



A comprehensive eye exam is an important part of caring for your overall health, whether you need vision correction or not. By looking into your eyes, your doctor can check for signs of serious health conditions like hypertension and diabetes.

During a comprehensive eye exam, your eye doctor will look for signs of glaucoma, perform tests to check your vision sharpness, determine your prescription strength, examine how your eyes work together, and check the fluid pressure in your eyes. They may also dilate your eyes to see if you have any eye conditions or signs of other serious health conditions.

Here are three reasons why you should visit your eye doctor every year:

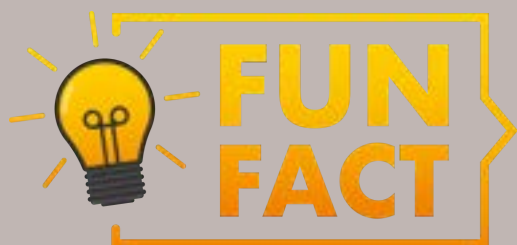


E
F P
T O Z
L P E D
P E C F D
E D F C Z P
F E L O P Z D
D E F P O T E C
L E F O D P C T
F D P L T C E O
P E Z O L C F T D

Annual eye exams detect early signs of chronic diseases like Diabetes. Regular exams are critical because what may seem like a vision-related problem might be an indication of a broader health issue.

Some eye diseases are symptom-free. Getting an annual eye exam can help detect health conditions before they progress and may help preserve your vision.

Your vision might not be as clear as you think. You may not notice that your vision changed, but an eye exam can reveal if you need glasses, contacts or an update to your current prescription.



Your eyes actually see the world upside down. Your brain flips the image right side up.





FUN, FRIENDS,
FELLOWSHIP



Rewind the Fun



FUN, FRIENDS,
FELLOWSHIP



If your loved one is interested in having their photo taken during an activity, program, or outing, please contact our office to update the consent form. We'd be happy to assist.

In the Spotlight



Message from Marian Clara Fueri ADC Intern

As my internship at the Marian Burch Adult Day Care Center concludes, I want to express my sincere gratitude to each member of this remarkable team.

Working with this team has been one of the most rewarding experiences I have had since moving to the United States. You are organized, detail-oriented and communicate with clarity and purpose. Even when short-staffed, you work together so seamlessly that the shortage is hardly noticeable. Everyone contributes, supports one another and prioritizes the needs of each client. Your teamwork is exceptional and it is something I will carry with me throughout my career.

As I continue working toward completing my degree and pursuing admission into a nursing program, I deeply appreciate the lessons, skills, and meaningful experiences I gained here. I plan to return as a volunteer whenever possible. Marian Burch Adult Day Care Center has not only shaped my professional development but has also strengthened my commitment to serving others with compassion, dignity and excellence.

Thank you for welcoming me, teaching me and supporting me. This has truly been an unforgettable experience.

WE ARE OPEN

ADC Hair Salon



WASH & STYLE



HAIR CUT

HAIR SALON SERVICES

\$15 HAIR CUT

\$5 HAIR WASH

\$15 WASH & STYLE

Set-up a Trust Fund - Call us for details and to Schedule an Appointment

APPOINTMENTS AVAILABLE
ON THE 2ND
MONDAY & TUESDAY
EACH MONTH

Name: _____ Date: _____

ADVENTURE
AMUSEMENT PARK
AUGUST
BACK TO SCHOOL
BACKYARD
BICYCLE
CAMPFIRE
CAMPING
CORN ON THE COB
FARMERS MARKET
FIREFLY
FLOWERS
FRUIT
FUN
GRILLING
HOT
HUMID
LAKE
PLAYGROUND
POPSICLE
RELAXATION
ROAD TRIP
SAILBOAT
STATE FAIR
SUMMER
SUNFLOWER
SUNNY



WORD SEARCH DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

W	J	C	T	A	M	U	S	E	M	E	N	T	P	A	R	K	S	S
H	B	P	L	S	J	L	Z	I	B	I	C	Y	C	L	E	G	T	D
T	O	G	B	T	U	P	L	A	Y	G	R	O	U	N	D	J	I	R
C	C	A	A	E	G	E	Q	N	Y	N	P	B	E	D	D	U	O	
S	E	P	C	T	H	K	U	S	F	B	O	I	Q	C	Q	R	N	E
J	H	N	K	E	Z	I	R	A	R	P	C	Y	P	Y	R	A	O	R
Q	T	F	T	F	Y	B	F	A	S	E	L	S	N	M	K	Y	I	O
V	N	H	O	A	J	S	B	I	M	G	W	A	U	R	A	K	T	A
B	O	D	S	I	T	H	C	N	S	S	K	O	K	F	S	C	A	D
T	N	D	C	R	Q	L	B	U	R	M	R	A	L	E	U	A	X	T
E	R	Q	H	Z	E	Y	N	E	V	R	E	E	Z	F	N	B	A	R
R	O	R	O	D	E	F	M	M	S	Y	U	J	M	G	N	A	L	I
U	C	H	O	G	L	M	Y	L	F	E	R	I	F	R	Y	Y	E	P
T	J	L	L	O	U	Y	R	P	T	A	O	B	L	I	A	S	R	T
N	P	T	W	S	O	W	F	I	H	J	V	H	P	H	Z	F	F	I
E	R	E	Q	D	O	V	R	J	D	U	W	E	S	G	K	U	R	P
V	R	G	J	D	K	I	U	T	I	B	M	T	T	G	N	T	D	W
D	S	G	N	I	L	L	I	R	G	E	R	I	F	P	M	A	C	J
A	U	P	K	U	T	X	T	B	Q	S	Z	J	D	G	X	V	V	S

Meet the ADC TEAM

Caring Beyond Limits



**Alicia
Davis**
.....
ADC Director



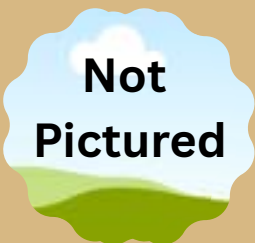
**Keely
Goff**
.....
Registered
Nurse



**Courtney
Childs**
.....
Office Support
Specialist



**Chloe
Rhoda**
.....
Activity
Coordinator



**To Be
Announced**
.....
Activity
Assistant



**Madilyn
Beach**
.....
Activity
Assistant



**Mary
Zeller**
.....
Dining Room
Coordinator



**Marta
Sanchez**
.....
Certified
Nurse Asst/Driver

Meet the ADC TEAM

Caring Beyond Limits



**Melissa
Mainstone**
.....
Certified
Nurse Asst/Driver



**Jodi
Columbia**
.....
Certified
Nurse Asst/Driver



**Amanda
Edwards**
.....
Certified
Nurse Asst/Driver



**Melissa
Young**
.....
Certified
Nurse Asst/Driver



**Gabriella
Melges**
.....
Certified
Nurse Asst



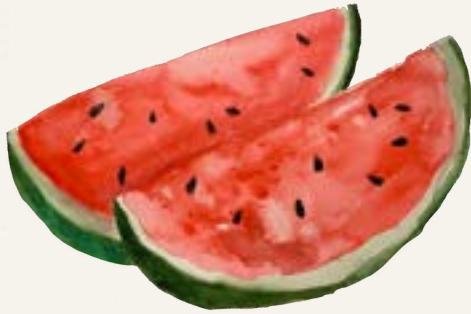
**Dan
Hyatt**
.....
Driver



**Brad
Rustermier**
.....
Driver



**Dennis
Upton**
.....
Driver



AUGUST MENU

Menu Subject to Change



MEAL	MON 3	TUES 4	WED 5	THURS 6	FRI 7
BREAKFAST	Bagel Fruit	Cereal Fruit	Toast Hard Boiled Egg	Oatmeal Fruit	Apple Cinnamon Muffin Yogurt
LUNCH	Beef Goulash Normandy Vegetable Blend	Turkey Tetrazzini Yellow Squash & Red Peppers	Pepper Steak Stir Fry Veggies Egg Roll	Macaroni & Cheese with Ham Zucchini	Lemon Chicken Mashed Potatoes Dinner Roll
SNACK	Shortbread Crackers Fruit	Whole Grain Chip Yogurt	Peanut Butter Shortbread Cracker	Cottage Cheese Blueberry Muffin	Yogurt Fruit



MEAL	MON 10	TUES 11	WED 12	THURS 13	FRI 14
BREAKFAST	Blueberry Muffin Yogurt	Bagel Hard Boiled Egg	Cereal Fruit	Toast Fruit	Oatmeal Fruit
LUNCH	Lasagna Italian Green Beans	Beef Goulash Scalloped Potatoes	Swedish Meatballs Mashed Potatoes	Broccoli & Cheese Stuffed Chicken	Beef Stroganoff Peas & Pearl Onions
SNACK	Whole Grain Chip Veggie Cup	Shortbread Crackers Fruit	Apple Cinnamon Muffin Yogurt	Cottage Cheese Fruit	Whole Grain Chip Yogurt



AUGUST MENU

Menu Subject to Change



MEAL	MON 17	TUES 18	WED 19	THURS 20	FRI 21
BREAKFAST	Oatmeal Fruit	Cereal Fruit	Bagel Yogurt	Apple Cinnamon Muffin Fruit	Toast Hard Boiled Egg
LUNCH	Glazed Ham Loaf Mashed Potatoes Butternut Squash	Citrus Glazed Chicken Italian Vegetables	Tater Tot Casserole Fruit	Turkey Pot Pie Green Beans & Mushrooms	Baked Spaghetti Caesar Salad
SNACK	Yogurt Shortbread Crackers	Blueberry Muffin Fruit	Shortbread Crackers Peanut Butter	Whole Grain Chip Fruit	Cottage Cheese Veggie Cup

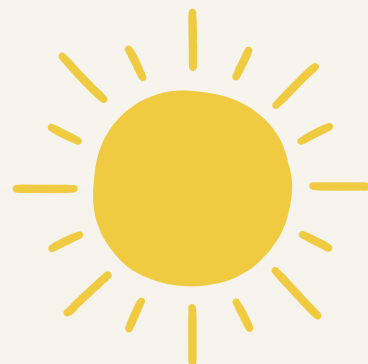


MEAL	MON 24	TUES 25	WED 26	THURS 27	FRI 28
BREAKFAST	Toast Fruit	Oatmeal Fruit	Blueberry Muffin Fruit	Bagel Hard Boiled Egg	Cereal Yogurt
LUNCH	Turkey Cutlet Red Potatoes & Green Beans	Meatloaf Mashed Potatoes Sweet Peas	Breaded Pork Hashbrown Casserole	Chicken Tenders Macaroni & Cheese	Salisbury Steak Mashed Potatoes
SNACK	Peanut Butter Shortbread Cracker	Cottage Cheese Apple Cinnamon Muffin	Yogurt Fruit	Cottage Cheese Veggie Cup	Whole Grain Chip Yogurt



AUGUST MENU

Menu Subject to Change



MEAL	MON 31
BREAKFAST	Cereal Hard Boiled Egg
LUNCH	Chili Pork Tenderloin Stir Fry Veggies
SNACK	Whole Grain Chip Fruit



USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language) should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

This institution is an equal opportunity provider.



Michigan Department of Transportation

VA



**U.S. Department
of Veterans Affairs**



*Thanks
for your
support*



Department of Education