



## YOUR CENTER CONNECTION

February 2026 Issue

**National Make a Friend Day**, celebrated annually on February 11th, is a wonderful opportunity to step out of your comfort zone and forge new connections. This day encourages people to open their hearts and minds to the possibility of forming new friendships, which can enrich our lives in countless ways. Whether it's reaching out to someone new at the Adult Day Care Center, joining a group with shared interests, or simply striking up a conversation with a stranger, the goal is to embrace the spirit of camaraderie and connection. Friendships can provide emotional support, broaden our perspectives, and bring joy and laughter into our lives. So, take this day as a chance to meet someone new, nurture budding friendships, and celebrate the bonds that make life more fulfilling.

*Friends  
are  
Treasures!*



## Our Mission:

To keep your loved ones in their own home environment for as long as possible with the highest quality of life for the loved one and you as the caregiver.



**Assisting &  
Monitoring Your  
Loved One's Daily  
Care Needs**



MARIAN E. BURCH ADULT DAY CARE & REHABILITATION CENTER

1150 E. MICHIGAN AVE, BATTLE CREEK, MI 49014

269.962.1750 MAIN

269.962-6008 FAX



FACEBOOK.COM/CALHOUNCOUNTYMC

# YOUR CENTER NEWS

## Center Closings, Inclement Weather, and Transportation

Listed below is some helpful information about Center Closings/No Transportation on Bad Weather Day(s).

- Remember to keep your driveway, sidewalks, and ramps salted and plowed. This will allow us to escort and transport the client safely.
- Bad Weather Days! Our policy is as follows...If schools are closed (primarily Battle Creek Public and Lakeview Schools), we will not be able to provide transportation to and from the Center. If the Center decides to remain open and not provide transportation, a staff person will call clients/caregivers to identify who will be self-transported to and from the Center. Note: If the above school districts were previously scheduled to be closed, then the Center will base our decision to not provide transportation and/or closings based on other community transportation/service providers.
- WWMT currently no longer sends Text notifications that our Center is Closed. However, you can still receive notifications regarding closings through the News Channel 3 app. Please see more information below.
- Cancellation Policy—Please call (269) 962-1750 to cancel at least 24 hrs in advance. We understand that uncontrollable circumstances do happen, so feel free to leave a message at any hour of the day. We check messages at 7:45am, M-F. Or email the following staff below. Note: If you choose to send an email notification, please include ALL of the email addresses below to ensure that a staff person receives the cancellation.

Alicia Davis – [adavis@ccmcf.com](mailto:adavis@ccmcf.com)

Courtney Childs – [cchilds@ccmcf.com](mailto:cchilds@ccmcf.com)

Keely Goff – [kgoff@ccmcf.com](mailto:kgoff@ccmcf.com)

Paul Fox – [pfox@ccmcf.com](mailto:pfox@ccmcf.com)

**West Michiganders to get closure alerts via News Channel 3 app** Some West Michiganders who have received text notifications regarding closings may notice a pause in service come end of March 2024. News Channel 3 wants to inform viewers that they are no longer using a program called Textcaster.

However, you can still receive notifications regarding closings through the News Channel 3 app. Follow these steps to ensure that you are still informed of closings in your area:

**Download the News Channel 3 App:** Google Play, Apple Store, or Scan the QR Codes Below



**Enable Push Notifications** After downloading the app, be sure to enable notifications to receive updates on all thing's news, weather, and sports - including closings.

**Open the News Channel 3 app** If displayed on top banner, click "Enable Push Notifications" If not displayed, click "Me" on the bottom right, select "App Settings," and toggle on Device Notifications

## Loading/Unloading Zone at the Center



Please remember to drive up slowly when arriving at the Main Entrance of the Center. If the buses are parked near the main entrance, please use the parking lot. The safety of the participants, guest, and staff is our upmost importance.



### Title VI Notice

Marian E. Burch Adult Day Care Center is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964 and Federal Transit Administration (FTA) Circular 4701.1B.

For additional information on Title VI or to file a complaint, contact:

Alicia Davis, Adult Day Care Director

1150 E. Michigan Avenue, Battle Creek, MI 49014

Phone: 269-962-1750

Fax: 269-962-6008



# YOUR CENTER NEWS

**HAPPY  
BIRTHDAY**

SANDRA R.  
FEBRUARY 2ND

KELLIE C.  
FEBRUARY 5TH

KIM H,  
FEBRUARY 12TH

RICHARD K.  
FEBRUARY 14TH

SANDRA A.  
FEBRUARY 22ND



The Center will be **CLOSED**:  
**Friday, April 3rd**



**MEET  
JAMES**

James Cerka retired in 2022 as a Systems Administrator. Be sure to ask him about the time he saved a health insurance company millions of dollars by catching a hacker! James also served in the Navy for 20 years; achieving the rank of Chief Petty Officer. James was born in Traverse City. He enjoys his kids and being a doting grandfather to three rascals.

## Healthy Habits with Celebrations

If your loved one wants to Celebrate their 'special day' with us and you're considering on bringing a treat to the Center to be shared, please contact us one week prior so that we can address food allergies and medical conditions with those who will be in attendance.



This will ensure a  
celebration that's safe  
and inclusive for all!

*IN LOVING  
MEMORY*

Please consider Marian E. Burch Adult Day Care & Rehabilitation Center in your Memorial Contributions and Estate Planning. Or, ask us about how to purchase a Memorial/Dedication Brick.

***Donations of any kind are always appreciated!***



# YOUR CENTER NEWS

## Save Our Sign!



The Center is looking to raise \$4,200 to restore our original sign. This is a unique sign made out of Redwood and has a lot of history dating back to the early 1995.

*Any contribution towards the sign is appreciated!*

## Field Trips

Are you interested in participating in a Day Outing-Field Trip? If so, please consider setting up a 'Trust Fund' at the Adult Day Care Center, by depositing money. The **FUN** is waiting!



**Are you interested in joining our  
Advisory Board?  
Ask us how!!**

### Adult Day Care Advisory Board Members

Bev Kelley, Chair  
Pat Fosdick, Vice Chair  
Charmaine Burch Bogan, Secretary  
Jill Robins, Treasurer  
Dave Eddy, Member  
Stan Horn, Member  
Dr. Tino Smith, Member  
Joyce Spicer, Member  
Willie Tabb, Member

**Memorial/Dedication Garden - Located in the ADC Courtyard**

**Consider purchasing a Brick to honor someone special!**

**Ask Us How!!**







# FEBRUARY 2026



## MONDAY

**9:45** Cardio Drumming  
**10:00** B-I-N-G-O!  
**11:00** Shuffleboard  
**12:00** Guess 10  
**1:00** Basketball

2

## TUESDAY

**9:45** Morning Moves  
**10:00** Wack-A-Mole  
**11:00** Balance Ball  
**12:30** Ground Hog Day History & Trivia  
**1:00** Bean Bag Toss

3

## WEDNESDAY

**9:45** Sit and B-Fit Exercise  
**10:00** Church with Karl  
**11:00** Skee-ball  
**12:30** Rosa Parks History and Facts  
**1:00** Tabletop Bowling

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## THURSDAY

**National Wear Red Day!**  
**9:45** Cardio Drumming  
**10:00** Ladder Ball  
**11:00** Frisbee Toss  
**12:30** Mystery Trivia  
**1:00** B-I-N-G-O!

5

## FRIDAY

**Wear Your Favorite Sports Team!**  
**9:45** Seated Stretching  
**10:00** Get Crafty with Juanita & Pat  
**11:00** Washer Toss  
**12:00** Super Bowl Trivia & Facts  
**1:00** Heart Chuck-It

6

## Valentine's Advice Project!

**9:45** Cardio Drumming  
**10:00** B-I-N-G-O!  
**11:00** Cornhole  
**12:00** National Pizza Day History  
**1:00** Sing-Along with Elizabeth

9

**9:45** Morning Moves  
**10:00** Valentine's Roll and Cover  
**11:00** Floor Darts  
**12:30** Teddy Day!  
**1:00** Heart Toss

10

**9:45** Sit and B-Fit Exercise  
**10:00** Heart Blast  
**11:00** Valentine's Day History and Word Scramble  
**12:30** Thomas Edison's Birthday: History  
**1:00** Cooking Club: Strawberry Cupcakes

11

**9:45** Cardio Drumming  
**10:30** Whole Building B-I-N-G-O! (CCMCF)  
**11:30** Travel with Karl  
**12:30** Name 5 Things  
**1:00** Love Arrows

12

**Wear Heart Attire!**  
**9:45** Seated Stretching  
**10:00** Valentine's Day B-I-N-G-O!  
**11:00** Pet Therapy with Molly & Paul  
**12:00** World Radio Day  
**1:00** Live Music with Shan

13

**9:45** Cardio Drumming  
**10:00** B-I-N-G-O!  
**11:00** Toilet Plunge  
**12:00** Daisy Gatson Dates Day!  
**1:00** Live Music with Singing Pals

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**Wear Mardi Gras Colors!**  
**9:45** Morning Moves  
**10:00** Entertainment Legends w/ Karl  
**11:00** Plate-It  
**12:30** Mardi Gras Fun Facts  
**1:00** Heart Hula Hoop Toss

17

**Ash Wednesday!**  
**9:45** Sit and B-Fit Exercise  
**10:00** Noodle Ball  
**11:00** Bean Bag Slide  
**12:30** History of Ash Wednesday  
**1:00** Live Music with Jerry Ball

18

**9:45** Cardio Drumming  
**10:00** Heart Bowling  
**11:00** Mini Basketball  
**12:30** Dad Jokes  
**1:00** B-I-N-G-O!

19

**Wear Flannel!**  
**9:45** Seated Stretching  
**10:00** Get Crafty with Juanita & Pat  
**11:00** Giant Memory Game  
**12:00** National Love Your Pet Day - Funny Videos  
**1:00** Mini Golf

20

**9:45** Cardio Drumming  
**10:00** B-I-N-G-O!  
**11:00** Ring Toss  
**12:00** Would You Rather?  
**1:00** Chuck-A-Duck

23

**9:45** Morning Moves  
**10:00** Karaoke  
**10:30** Bible Study with the Bogans  
**11:30** Gone Fishing  
**12:30** What Am I?  
**1:00** Live Music with Shan

24

**9:45** Sit and B-Fit Exercise  
**10:00** Spin-It to Win-It  
**11:00** Name That Phrase  
**12:30** Word Search  
**1:00** Volleyball


25

**9:45** Cardio Drumming  
**10:00** Rainbow Race Game  
**11:00** Multiple Board Cornhole  
**12:30** Name 5 Things  
**1:00** B-I-N-G-O!

26

**Wear Fun Socks!**  
**9:45** Seated Stretching  
**10:00** Slide Car Challenge  
**11:00** Heart Roll & Cover Dice Game  
**12:00** Mystery Trivia  
**1:00** Dart Board

27

 2/4 Outing: Red Lobster



CALHOUN COUNTY  
 Est. 1977  
**MEDICAL CARE FACILITY**  
 Marian E. Burch Adult Day Care



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# FEBRUARY DRESS-UP DAYS!

FEBRUARY 5TH



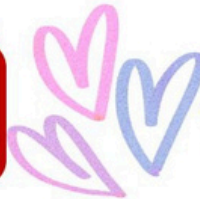
WEAR RED DAY!

FEBRUARY 6TH

WEAR YOUR FAVORITE  
SPORTS TEAM!



FEBRUARY 13TH



WEAR HEART ATTIRE!

FEBRUARY 17TH

WEAR MARDI GRAS  
COLORS!



FEBRUARY 20TH



WEAR FLANNEL!

FEBRUARY 27TH

WEAR FUN SOCKS!



*Lets Celebrate Together!*



# VOLUNTEER CORNER

## VOLUNTEERS NEEDED



**Every Monday @ 10am**

**Every Thursday @ 1pm**



If you have a special talent or interested in leading an activities, craft, game, entertainment or special program, please contact our office!



## Volunteer Spotlight

### Jill Robbins



Jill has volunteered for over 18 years, after she retired in 2007. Jill's mother was a previous participant at the Adult Day Care Center. Jill stated that "ADC enriched the end of her life so very much". Jill believes in the wonderful services that the Adult Day Care Center provides. She said; "its rewarding to see the clients participate in trivia, listening to music, or playing games". Jill has been married for 63 years, has three children, and six grandchildren. Jill went back to college as an adult and attended WMU at the same time as her son. When asked what she would say about volunteering, "If we brighten their lives just a little; our lives will be equally rewarded".

## Benefits of Volunteering

- Sense of Purpose
- Reduces Stress
- Impacts Lives

## GOT AN HOUR!

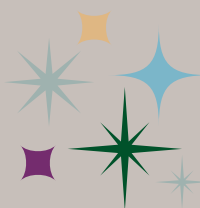
CONTACT US

Volunteer Coordinator

Terri Chapman

Phone (269) 962-5458 Ext 311

Email: [tchapman@ccmcf.com](mailto:tchapman@ccmcf.com)



LEARN MORE!



[ccmcf.com](http://ccmcf.com)



# FUN, FRIENDS, FELLOWSHIP

RE  
THE  
FUN



If your loved one is interested in having their photo taken during an activity, program, or outing, please contact our office to update the consent form. We'd be happy to assist.



# Meet the ADC TEAM

## Caring Beyond Limits



**Alicia  
Davis**  
.....  
ADC Director



**Keely  
Goff**  
.....  
Registered  
Nurse



**Courtney  
Childs**  
.....  
Office Support  
Specialist



**Chloe  
Rhoda**  
.....  
Activity  
Coordinator



**Karl  
Tracy**  
.....  
Activity  
Assistant



**Madilyn  
Beach**  
.....  
Activity  
Assistant



**Paul  
Fox**  
.....  
Driver  
Coordinator



**Kathryn  
Rodriguez**  
.....  
Dining Room  
Coordinator

# Meet the ADC TEAM

## Caring Beyond Limits



**Gabriella  
Melges**  
.....  
Certified  
Nurse Asst



**Marta  
Sanchez**  
.....  
Certified  
Nurse Asst/Driver



**Melissa  
Mainstone**  
.....  
Certified  
Nurse Asst/Driver



**Adam  
Berryhill**  
.....  
Certified  
Nurse Asst/Driver



**Jodi  
Columbia**  
.....  
Certified  
Nurse Asst/Driver



**Mary  
Zeller**  
.....  
Certified  
Nurse Asst/Driver



**Dan  
Hyatt**  
.....  
Driver

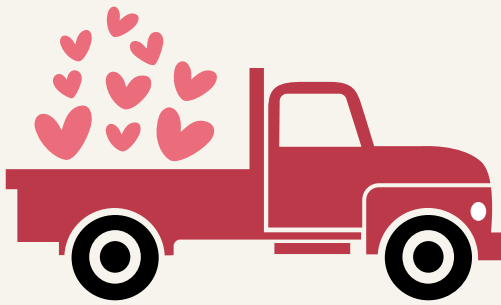


**Michael  
Glew**  
.....  
Driver



**Anthony  
Clark**  
.....  
Driver





# FEBRUARY MENU

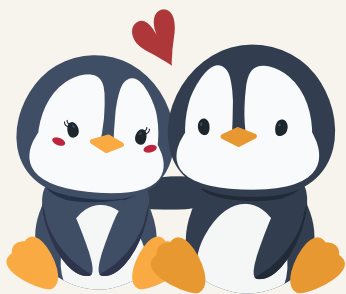
Menu Subject to Change



| MEAL          | MON 2                              | TUES 3                                   | WED 4                             | THURS 5                                    | FRI 6                           |
|---------------|------------------------------------|--|-----------------------------------|--|---------------------------------|
| BREAK<br>FAST | Bagel<br>Peach Yogurt              | Oatmeal<br>Fruit                         | Toast<br>Hard Boiled Egg          | Cereal<br>Apple Cinnamon<br>Muffin         | Oatmeal<br>Strawberry<br>Yogurt |
| LUNCH         | Salisbury Steak<br>Mashed Potatoes | Cornflake Chicken<br>Parmesan<br>Noodles | Braised Beef Tips<br>Herb Gnocchi | Shrimp Stir Fry<br>Confetti Rice           | Ham<br>Au Gratin<br>Potatoes    |
| SNACK         | Blueberry Muffin<br>Fruit          | Colby Jack<br>Cheese Stick<br>Fruit      | Cottage Cheese<br>Fruit           | Shortbread<br>Crackers<br>Blueberry Yogurt | Whole Grain Chip<br>Fruit       |



| MEAL          | MON 9                                    | TUES 10                                    | WED 11                                       | THURS 12                                  | FRI 13                                   |
|---------------|--|--|--|---|--|
| BREAK<br>FAST | Toast<br>Fruit                           | Cereal<br>Blueberry Muffin                 | Oatmeal<br>Blueberry Yogurt                  | Bagel<br>Hard Boiled Egg                  | Cereal<br>Peach Yogurt                   |
| LUNCH         | Beef Stroganoff<br>Sugar Snap Peas       | Pork with<br>Sauerkraut<br>Mashed Potatoes | Spaghetti &<br>Meatballs<br>Capri Vegetables | Chicken<br>Cornbread Bake<br>Sweet Potato | Corn Beef &<br>Cabbage<br>Roast Potatoes |
| SNACK         | Cottage Cheese<br>Shortbread<br>Crackers | Whole Grain Chip<br>Strawberry<br>Yogurt   | Apple Cinnamon<br>Muffin<br>Fruit            | Cottage Cheese<br>Fruit                   | Peanut Butter<br>Shortbread<br>Crackers  |



# FEBRUARY MENU

Menu Subject to Change



| MEAL      | MON 16                                 | TUES 17                               | WED 18                                   | THURS 19                                      | FRI 20                          |
|-----------|--|---------------------------------------|--|---|---------------------------------|
| BREAKFAST | Oatmeal<br>Fruit                       | Bagel<br>Strawberry<br>Yogurt         | Cereal<br>Apple Cinnamon<br>Muffin       | Toast<br>Blueberry Yogurt                     | Bagel<br>Hard Boiled Egg        |
| LUNCH     | Swiss Steak<br>Mashed Potatoes         | Chicken Alfredo<br>Italian Vegetables | Meatloaf<br>Scalloped<br>Potatoes        | Turkey Pot Roast<br>Whipped Sweet<br>Potatoes | Chicken Pot Pie<br>Tossed Salad |
| SNACK     | Peach Yogurt<br>Shortbread<br>Crackers | Cottage Cheese<br>Fruit               | Whole Grain Chip<br>Strawberry<br>Yogurt | Colby Jack<br>Cheese Stick<br>Fruit           | Blueberry Muffin<br>Fruit       |



| MEAL      | MON 23                                 | TUES 24                                  | WED 25                                       | THURS 26                      | FRI 27                                     |
|-----------|--|--|--|-------------------------------|--|
| BREAKFAST | Cereal<br>Hard Boiled Egg              | Oatmeal<br>Blueberry Yogurt              | Toast<br>Fruit                               | Bagel<br>Strawberry<br>Yogurt | Cereal<br>Blueberry Muffin                 |
| LUNCH     | Chicken Cordon<br>Bleu<br>Baked Potato | Sweet & Sour<br>Pork<br>Confetti Rice    | Country Fried<br>Steak<br>Mashed Potatoes    | Turkey Pot Pie<br>Lima Beans  | Bourbon Chicken<br>Thigh<br>Roast Potatoes |
| SNACK     | Whole Grain Chip<br>Fruit              | Cottage Cheese<br>Shortbread<br>Crackers | Apple Cinnamon<br>Muffin<br>Blueberry Yogurt | Wheat Bread<br>Peanut Butter  | Colby Jack<br>Cheese Stick<br>Fruit        |

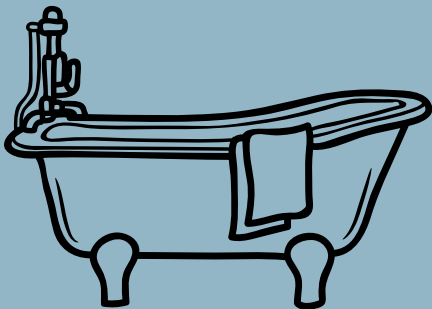


# HEALTHY HABITS

## DID YOU KNOW?

The Center offers supplemental health services such as bathing, podiatry, and restorative therapy.

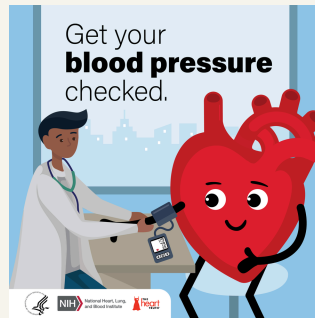
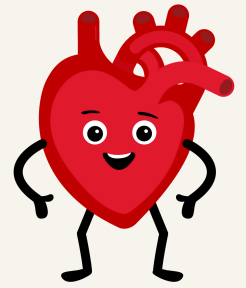
Contact us today to get your loved one added to the schedule(s)!



## Lightly Loved Pants Wanted!

We are accepting gently used men's and women's pants. Preferably pants with an elastic waist. All sizes needed.

## Live Heart-Healthy this American Heart Month: Tips from Cardi-O



Self-care is heart-health care. Practicing self-care can keep our hearts healthy. Being physically active, eating healthier foods, getting enough sleep, not smoking, and finding healthy ways to reduce stress can help prevent heart disease. And, when we take care of our hearts, we set an example for those around us to do the same.