



YOUR CENTER CONNECTION

February 2026 Issue

National Make a Friend Day, celebrated annually on February 11th, is a wonderful opportunity to step out of your comfort zone and forge new connections. This day encourages people to open their hearts and minds to the possibility of forming new friendships, which can enrich our lives in countless ways. Whether it's reaching out to someone new at the Adult Day Care Center, joining a group with shared interests, or simply striking up a conversation with a stranger, the goal is to embrace the spirit of camaraderie and connection. Friendships can provide emotional support, broaden our perspectives, and bring joy and laughter into our lives. So, take this day as a chance to meet someone new, nurture budding friendships, and celebrate the bonds that make life more fulfilling.

*Friends
are
Treasures!*



MARIAN E. BURCH ADULT DAY CARE & REHABILITATION CENTER

1150 E. MICHIGAN AVE, BATTLE CREEK, MI 49014



[FACEBOOK.COM/CALHOUNCOUNTYMCF](https://facebook.com/calhouncountymcf)

Our Mission:

To keep your loved ones in their own home environment for as long as possible with the highest quality of life for the loved one and you as the caregiver.



Assisting &
Monitoring Your
Loved One's Daily
Care Needs



269.962.1750 MAIN
269.962-6008 FAX

YOUR CENTER NEWS

Center Closings, Inclement Weather, and Transportation

Listed below is some helpful information about Center Closings/No Transportation on Bad Weather Day(s).

- Remember to keep your driveway, sidewalks, and ramps salted and plowed. This will allow us to escort and transport the client safely.
- Bad Weather Days! Our policy is as follows...If schools are closed (primarily Battle Creek Public and Lakeview Schools), we will not be able to provide transportation to and from the Center. If the Center decides to remain open and not provide transportation, a staff person will call clients/caregivers to identify who will be self-transported to and from the Center. Note: If the above school districts were previously scheduled to be closed, then the Center will base our decision to not provide transportation and/or closings based on other community transportation/service providers.
- WWMT currently no longer sends Text notifications that our Center is Closed. However, you can still receive notifications regarding closings through the News Channel 3 app. Please see more information below.
- Cancellation Policy—Please call (269) 962-1750 to cancel at least 24 hrs in advance. We understand that uncontrollable circumstances do happen, so feel free to leave a message at any hour of the day. We check messages at 7:45am, M-F. Or email the following staff below. Note: If you choose to send an email notification, please include ALL of the email addresses below to ensure that a staff person receives the cancellation.

Alicia Davis – adavis@ccmcf.com

Courtney Childs – cchilds@ccmcf.com

Keely Goff – kgoff@ccmcf.com

Paul Fox - pfox@ccmcf.com

West Michiganders to get closure alerts via News Channel 3 app Some West Michiganders who have received text notifications regarding closings may notice a pause in service come end of March 2024. News Channel 3 wants to inform viewers that they are no longer using a program called Textcaster.

However, you can still receive notifications regarding closings through the News Channel 3 app. Follow these steps to ensure that you are still informed of closings in your area:

Download the News Channel 3 App: Google Play, Apple Store, or Scan the QR Codes Below



Enable Push Notifications After downloading the app, be sure to enable notifications to receive updates on all thing's news, weather, and sports - including closings.

Open the News Channel 3 app If displayed on top banner, click "Enable Push Notifications" If not displayed, click "Me" on the bottom right, select "App Settings," and toggle on Device Notifications

Loading/Unloading Zone at the Center



Please remember to drive up slowly when arriving at the Main Entrance of the Center. If the buses are parked near the main entrance, please use the parking lot. The safety of the participants, guest, and staff is our upmost importance.



Title VI Notice

Marian E. Burch Adult Day Care Center is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964 and Federal Transit Administration (FTA) Circular 4701.1B.

For additional information on Title VI or to file a complaint, contact:

Alicia Davis, Adult Day Care Director

1150 E. Michigan Avenue, Battle Creek, MI 49014

Phone: 269-962-1750

Fax: 269-962-6008



YOUR CENTER NEWS



SANDRA R.
FEBRUARY 2ND

KELLIE C.
FEBRUARY 5TH

KIM H.,
FEBRUARY 12TH

RICHARD K.
FEBRUARY 14TH

SANDRA A.
FEBRUARY 22ND



The Center will be **CLOSED:**
Friday, April 3rd



**MEET
JAMES**

James Cerka retired in 2022 as a Systems Administrator. Be sure to ask him about the time he saved a health insurance company millions of dollars by catching a hacker! James also served in the Navy for 20 years; achieving the rank of Chief Petty Officer. James was born in Traverse City. He enjoys his kids and being a doting grandfather to three rascals.

Healthy Habits with Celebrations

If your loved one wants to Celebrate their 'special day' with us and you're considering on bringing a treat to the Center to be shared, please contact us one week prior so that we can address food allergies and medical conditions with those who will be in attendance.



This will ensure a celebration that's safe and inclusive for all!

Please consider Marian E. Burch Adult Day Care & Rehabilitation Center in your Memorial Contributions and Estate Planning. Or, ask us about how to purchase a Memorial/Dedication Brick.

*In Loving
Memory*

Donations of any kind are always appreciated!



YOUR CENTER NEWS

Save Our Sign!



The Center is looking to raise \$4,200 to restore our original sign. This is a unique sign made out of Redwood and has a lot of history dating back to the early 1995.

Any contribution towards the sign is appreciated!

**Are you interested in joining our Advisory Board?
Ask us how!!**

Adult Day Care Advisory Board Members

Bev Kelley, Chair
Pat Fosdick, Vice Chair
Charmaine Burch Bogan, Secretary
Jill Robins, Treasurer
Dave Eddy, Member
Stan Horn, Member
Dr. Tino Smith, Member
Joyce Spicer, Member
Willie Tabb, Member

Field Trips

Are you interested in participating in a Day Outing-Field Trip? If so, please consider setting up a 'Trust Fund' at the Adult Day Care Center, by depositing money. The **FUN** is waiting!



Memorial/Dedication Garden - Located in the ADC Courtyard

Consider purchasing a Brick to honor someone special!

Ask Us How!!

FEBRUARY 2026

MONDAY

9:45 Cardio Drumming
10:00 B-I-N-G-O!
11:00 Shuffleboard
12:00 Guess 10
1:00 Basketball

TUESDAY

9:45 Morning Moves
10:00 Wack-A-Mole
11:00 Balance Ball
12:30 Ground Hog Day History & Trivia
1:00 Bean Bag Toss

WEDNESDAY

9:45 Sit and B-Fit Exercise
10:00 Church with Karl
11:00 Skeeball
12:30 Rosa Parks History and Facts
1:00 Tabletop Bowling

THURSDAY

National Wear Red Day!
9:45 Cardio Drumming
10:00 Ladder Ball
11:00 Frisbee Toss
12:30 Mystery Trivia
1:00 B-I-N-G-O!

FRIDAY

Wear Your Favorite Sports Team!
9:45 Seated Stretching
10:00 Get Crafty with Juanita & Pat
11:00 Washer Toss
12:00 Super Bowl Trivia & Facts
1:00 Heart Chuck-It

Valentine's Advice Project!

9:45 Cardio Drumming
10:00 B-I-N-G-O!
11:00 Cornhole
12:00 National Pizza Day History
1:00 Sing-Along with Elizabeth

9:45 Morning Moves
10:00 Valentine's Roll and Cover
11:00 Floor Darts
12:30 Teddy Day!
1:00 Heart Toss

9:45 Sit and B-Fit Exercise
10:00 Heart Blast
11:00 Valentine's Day History and Word Scramble
12:30 Thomas Edison's Birthday: History
1:00 Cooking Club: Strawberry Cupcakes

9:45 Cardio Drumming
10:30 Whole Building B-I-N-G-O! (CCMCF)
11:30 Travel with Karl
12:30 Name 5 Things
1:00 Love Arrows

9:45 Cardio Drumming
10:00 B-I-N-G-O!
11:00 Toilet Plunge
12:00 Daisy Gatson Dates Day!
1:00 Live Music with Singing Pals

Wear Mardi Gras Colors!
9:45 Morning Moves
10:00 Entertainment Legends w/ Karl
11:00 Plate-It
12:30 Mardi Gras Fun Facts
1:00 Heart Hula Hoop Toss

Ash Wednesday!
9:45 Sit and B-Fit Exercise
10:00 Noodle Ball
11:00 Bean Bag Slide
12:30 History of Ash Wednesday
1:00 Live Music with Jerry Ball

9:45 Cardio Drumming
10:00 Heart Bowling
11:00 Mini Basketball
12:30 Dad Jokes
1:00 B-I-N-G-O!

9:45 Cardio Drumming
10:00 B-I-N-G-O!
11:00 Ring Toss
12:00 Would You Rather?
1:00 Chuck-A-Duck

9:45 Morning Moves
10:00 Karaoke
10:30 Bible Study with the Bogans
11:30 Gone Fishing
12:30 What Am I?
1:00 Live Music with Shan

9:45 Sit and B-Fit Exercise
10:00 Spin-It to Win-It
11:00 Name That Phrase
12:30 Word Search
1:00 Volleyball

9:45 Cardio Drumming
10:00 Rainbow Race Game
11:00 Multiple Board Cornhole
12:30 Name 5 Things
1:00 B-I-N-G-O!

Wear Flannel!
9:45 Seated Stretching
10:00 Get Crafty with Juanita & Pat
11:00 Giant Memory Game
12:00 National Love Your Pet Day - Funny Videos
1:00 Mini Golf

Wear Fun Socks!
9:45 Seated Stretching
10:00 Slide Car Challenge
11:00 Heart Roll & Cover Dice Game
12:00 Mystery Trivia
1:00 Dart Board

CALHOUN COUNTY
MEDICAL CARE FACILITY

Marian E. Burch Adult Day Care

2/4 Outing: Red Lobster



FEBRUARY DRESS-UP DAYS!

FEBRAURY 5TH



WEAR RED DAY!

FEBRUARY 6TH

WEAR YOUR FAVORITE
SPORTS TEAM!



FEBRUARY 13TH



WEAR HEART ATTIRE!

FEBRUARY 17TH

WEAR MARDI GRAS
COLORS!



FEBRUARY 20TH



WEAR FLANNEL!

FEBRUARY 27TH

WEAR FUN SOCKS!



Let's Celebrate Together!

VOLUNTEER CORNER

VOLUNTEERS NEEDED



Every Monday @ 10am

Every Thursday @ 1pm



If you have a special talent or interested in leading an activities, craft, game, entertainment or special program, please contact our office!



Volunteer Spotlight

Jill Robbins



Jill has volunteered for over 18 years, after she retired in 2007. Jill's mother was a previous participant at the Adult Day Care Center. Jill stated that "ADC enriched the end of her life so very much". Jill believes in the wonderful services that the Adult Day Care Center provides. She said; "its rewarding to see the clients participate in trivia, listening to music, or playing games". Jill has been married for 63 years, has three children, and six grandchildren. Jill went back to college as an adult and attended WMU at the same time as her son. When asked what she would say about volunteering, "If we brighten their lives just a little; our lives will be equally rewarded".

Benefits of Volunteering

- Sense of Purpose
- Reduces Stress
- Impacts Lives

GOT AN HOUR!

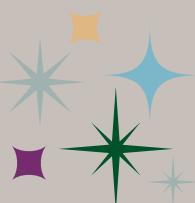
CONTACT US

Volunteer Coordinator

Terri Chapman

Phone (269) 962-5458 Ext 311

Email: tchapman@ccmcf.com



LEARN MORE!



ccmcf.com

FUN, FRIENDS, FELLOWSHIP

REWIND

THE FUN



If your loved one is interested in having their photo taken during an activity, program, or outing, please contact our office to update the consent form. We'd be happy to assist.

Meet the ADC TEAM

Caring Beyond Limits



**Alicia
Davis**
.....
ADC Director



**Keely
Goff**
.....
Registered
Nurse



**Courtney
Childs**
.....
Office Support
Specialist



**Chloe
Rhoda**
.....
Activity
Coordinator



**Karl
Tracy**
.....
Activity
Assistant



**Madilyn
Beach**
.....
Activity
Assistant



**Paul
Fox**
.....
Driver
Coordinator



**Kathryn
Rodriguez**
.....
Dining Room
Coordinator

Meet the ADC TEAM

Caring Beyond Limits



**Gabriella
Melges**
.....
Certified
Nurse Asst



**Marta
Sanchez**
.....

Certified
Nurse Asst/Driver



**Melissa
Mainstone**
.....

Certified
Nurse Asst/Driver



**Adam
Berryhill**
.....

Certified
Nurse Asst/Driver



**Jodi
Columbia**
.....

Certified
Nurse Asst/Driver



**Mary
Zeller**
.....

Certified
Nurse Asst/Driver



**Dan
Hyatt**
.....

Driver



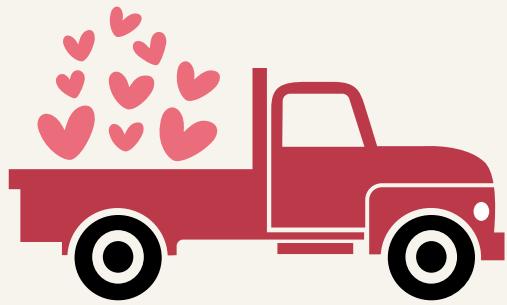
**Michael
Glew**
.....

Driver



**Anthony
Clark**
.....

Driver



FEBRUARY MENU



Menu Subject to Change



MEAL	MON 2	TUES 3	WED 4	THURS 5	FRI 6
BREAKFAST	Bagel Peach Yogurt	Oatmeal Fruit	Toast Hard Boiled Egg	Cereal Apple Cinnamon Muffin	Oatmeal Strawberry Yogurt
LUNCH	Salisbury Steak Mashed Potatoes	Cornflake Chicken Parmesan Noodles	Braised Beef Tips Herb Gnocchi	Shrimp Stir Fry Confetti Rice	Ham Au Gratin Potatoes
SNACK	Blueberry Muffin Fruit	Colby Jack Cheese Stick Fruit	Cottage Cheese Fruit	Shortbread Crackers Blueberry Yogurt	Whole Grain Chip Fruit



MEAL	MON 9	TUES 10	WED 11	THURS 12	FRI 13
BREAKFAST	Toast Fruit	Cereal Blueberry Muffin	Oatmeal Blueberry Yogurt	Bagel Hard Boiled Egg	Cereal Peach Yogurt
LUNCH	Beef Stroganoff Sugar Snap Peas	Pork with Sauerkraut Mashed Potatoes	Spaghetti & Meatballs Capri Vegetables	Chicken Cornbread Bake Sweet Potato	Corn Beef & Cabbage Roast Potatoes
SNACK	Cottage Cheese Shortbread Crackers	Whole Grain Chip Strawberry Yogurt	Apple Cinnamon Muffin Fruit	Cottage Cheese Fruit	Peanut Butter Shortbread Crackers



FEBRUARY MENU

Menu Subject to Change



MEAL	MON 16	TUES 17	WED 18	THURS 19	FRI 20
BREAKFAST	Oatmeal Fruit	Bagel Strawberry Yogurt	Cereal Apple Cinnamon Muffin	Toast Blueberry Yogurt	Bagel Hard Boiled Egg
LUNCH	Swiss Steak Mashed Potatoes	Chicken Alfredo Italian Vegetables	Meatloaf Scalloped Potatoes	Turkey Pot Roast Whipped Sweet Potatoes	Chicken Pot Pie Tossed Salad
SNACK	Peach Yogurt Shortbread Crackers	Cottage Cheese Fruit	Whole Grain Chip Strawberry Yogurt	Colby Jack Cheese Stick Fruit	Blueberry Muffin Fruit



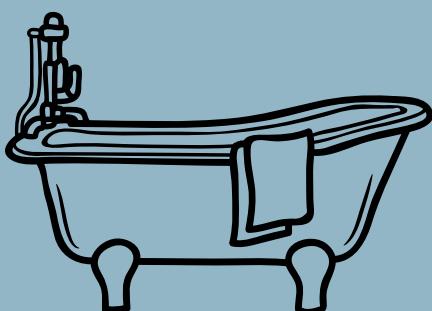
MEAL	MON 23	TUES 24	WED 25	THURS 26	FRI 27
BREAKFAST	Cereal Hard Boiled Egg	Oatmeal Blueberry Yogurt	Toast Fruit	Bagel Strawberry Yogurt	Cereal Blueberry Muffin
LUNCH	Chicken Cordon Bleu Baked Potato	Sweet & Sour Pork Confetti Rice	Country Fried Steak Mashed Potatoes	Turkey Pot Pie Lima Beans	Bourbon Chicken Thigh Roast Potatoes
SNACK	Whole Grain Chip Fruit	Cottage Cheese Shortbread Crackers	Apple Cinnamon Muffin Blueberry Yogurt	Wheat Bread Peanut Butter	Colby Jack Cheese Stick Fruit

HEALTHY HABITS

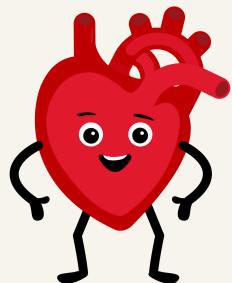
DID YOU KNOW?

The Center offers supplemental health services such as bathing, podiatry, and restorative therapy.

Contact us today to get your loved one added to the schedule(s)!



Live Heart-Healthy this American Heart Month: Tips from Cardi-O



Self-care is heart-health care. Practicing self-care can keep our hearts healthy. Being physically active, eating healthier foods, getting enough sleep, not smoking, and finding healthy ways to reduce stress can help prevent heart disease. And, when we take care of our hearts, we set an example for those around us to do the same.



Lightly Loved Pants Wanted!

We are accepting gently used men's and women's pants. Preferably pants with an elastic waist. All sizes needed.