



Hello Friends! The holidays are filled with goodwill and cheer, but you bring that to our Adult Day Care Center year-round. We are so appreciative of that, and we can't wait to see you again next year.

Oh, what FUN it is...to work with participants like you!

From the staff at Marian E.
Burch Adult Day Care &
Rehabilitation Center, we send
our deepest thanks and
warmest wishes for a happy
holiday season and a healthy
new year. May your season be
merry and bright, and your
new year filled with delight!

Our Mission:

To keep your loved ones in their own home environment for as long as possible with the highest quality of life for the loved one and you as the caregiver.



Assisting &
Monitoring Your
Loved One's Daily
Care Needs



MARIAN E. BURCH ADULT DAY CARE & REHABILITATION CENTER

1150 E. MICHIGAN AVE, BATTLE CREEK, MI 49014

269.962.1750 MAIN 269.962-6008 FAX



YOUR CENTER NEWS

Center Closings, Inclement Weather, and Transportation

Listed below is some helpful information about Center Closings/No Transportation on Bad Weather Day(s).

- Remember to keep your driveway, sidewalks, and ramps salted and plowed. This will allow us to escort and transport the client safely.
- Bad Weather Days! Our policy is as follows...If schools are closed (primarily Battle Creek Public and Lakeview Schools), we will not be able to provide transportation to and from the Center. If the Center decides to remain open and not provide transportation, a staff person will call clients/caregivers to identify who will be self-transported to and from the Center. Note: If the above school districts were previously scheduled to be closed, then the Center will base our decision to not provide transportation and/or closings based on other community transportation/service providers.
- WWMT currently no longer sends Text notifications that our Center is Closed. However, you can still receive notifications regarding closings through the News Channel 3 app. Please see more information below.
- Cancellation Policy—Please call (269) 962-1750 to cancel at least 24 hrs in advance. We understand that uncontrollable circumstances do happen, so feel free to leave a message at any hour of the day. We check messages at 7:45am, M-F. Or email the following staff below. Note: If you choose to send an email notification, please include ALL of the email addresses below to ensure that a staff person receives the cancellation.

Alicia Davis – adavis@ccmcf.com Courtney Childs – cchilds@ccmcf.com Keely Goff – kgoff@ccmcf.com Paul Fox - pfox@ccmcf.com

West Michiganders to get closure alerts via News Channel 3 app Some West Michiganders who have received text notifications regarding closings may notice a pause in service come end of March 2024. News Channel 3 wants to inform viewers that they are no longer using a program called Textcaster.

However, you can still receive notifications regarding closings through the News Channel 3 app. Follow these steps to ensure that you are still informed of closings in your area:

Download the News Channel 3 App: Google Play, Apple Store, or Scan the QR Codes Below



Enable Push Notifications After downloading the app, be sure to enable notifications to receive updates on all thing's news, weather, and sports - including closings.

Open the News Channel 3 app If displayed on top banner, click "Enable Push Notifications" If not displayed, click "Me" on the bottom right, select "App Settings," and toggle on Device Notifications

Loading/Unloading Zone at the Center



Please remember to drive up slowly when arriving at the Main Entrance of the Center. If the buses are parked near the main entrance, please use the parking lot. The safety of the participants, guest, and staff is our upmost importance.



Title VI Notice

Marian E. Burch Adult Day Care Center is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964 and Federal Transit Administration (FTA) Circular 4701.1B.

For additional information on Title VI or to file a complaint, contact:

Alicia Davis, Adult Day Care Director

1150 E. Michigan Avenue, Battle Creek, MI 49014 Phone: 269-962-1750 Fax: 269-962-6008



YOUR CENTER NEWS



HENRY B.
DECEMBER IST

PHYLLIS L. DECEMBER 4TH

ADAM B. DECEMBER 8TH

GARY N. DECEMBER 17TH



The Center will be CLOSED: Wednesday, December 24th Thursday, December 25th Thursday, January 1, 2026







Shirlene Shelby worked as a Nurses Aid at the VA Medical Affairs, for 41 years, before she retired. While not at the Center, Shirlene spends her time doing crossword puzzles, playing cards, and spending time with her family. When asked what her favorite part of attending the Adult Day Care Center she stated; spending times with others "I love the people there."

Healthy Habits with Celebrations

If your loved one wants to Celebrate their 'special day' with us and you're considering on bringing a treat to the Center to be shared, please contact us one week prior so that we can address food allergies and medical conditions with those who will be in attendance.



This will ensure a celebration that's safe and inclusive for all!



Please consider Marian E. Burch Adult Day Care & Rehabilitation Center in your Memorial Contributions and Estate Planning. Or, ask us about how to purchase a Memorial/Dedication Brick.



SUPPORT YOUR CENTER



Merry

Everything and

Happy

Holidays



HUMANITY STARTS WITH GIVING



MAKE A DIFFERENCE Donate Now!









(269) 962-1750



1150 East Michigan Ave, Battle Creek, MI 49014

Giving Tuesday is Here! On this global day of giving, please consider contributing to the Marian E. Burch Adult Day Care & Rehabilitation Center.

The Center is a 501c3 Non-Profit Organization, and a department of the Calhoun County Medical Care Facility. Our Adult Day Care & Rehabilitation Center (ADC) is designed to provide medical services, including socialization and activities to participants 18 years and older who need supervised care in a safe place outside the home during the day.

Restorative therapy, nursing medical monitoring, dietary and personal care needs are readily available for frail adults with Dementia, Alzheimer's, and persons with disabilities. The Center provides door to door transportation to and from the Center for those who reside in Calhoun County, at no cost.

Every act of generosity counts ~ so join the movement and GIVE BACK today!

Do More Good - Ask us How!

Participate in our FUNdraisers' or to

be a Sponsor of an Event.



VOLUNTEER CORNER

VOLUNTEERS NEEDED

BINGO

Every Monday @ 10am



Cooking Club: Christmas Desserts Dec 16th @ 10am



If you have a special talent or interested in leading an activities, craft, game, entertainment or special program, please contact our office!

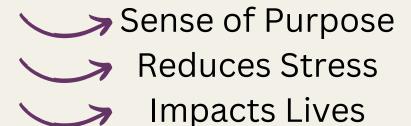


Volunteen Crystal Childs



Crystal has been volunteering at the Adult Day Care Center for five months. She heard about our program through her daughter and wanted to do something to support her work. When volunteering with us, Crystal typically helps with bingo. It gives her an opportunity to help our clients and learn more about their lives. An interesting fact about Crystal is she knows some Latin and French. She also homeschooled all five of her children K-12. If you are considering volunteering Crystal states; "time spent with the elderly is time well spent."

Benefits of Volunteering



GOT AN HOUR!

Volunteer Coordinator

Terri Chapman

Phone (269) 962-5458 Ext 311 Email: tchapman@ccmcf.com





YOUR CENTER NEWS

Save Our Sign!



The Center is looking to raise \$4,200 to restore our original sign. This is a unique sign made out of Redwood and has a lot of history dating back to the early 1995.

Any contribution towards the sign is appreciated!

Are you interested in joining our Advisory Board? Ask us how!!



Adult Day Care Advisory Board Members

Bev Kelley, Chair
Pat Fosdick, Vice Chair
Charmaine Burch Bogan, Secretary
Jill Robins, Treasurer
Dave Eddy, Member
Stan Horn, Member
Dr. Tino Smith, Member
Joyce Spicer, Member
Willie Tabb, Member

Field Trips

Are you interested in participating in a Day Outing-Field Trip? If so, please consider setting up a 'Trust Fund' at the Adult Day Care Center, by depositing money. The **FUN** is waiting!





Memorial/Dedication Garden - Located in the ADC Courtyard

Consider purchasing a Brick to honor someone special!

Ask Us How!!

DECEMBER 2 100

MONDAY

9:45 Cardio Drumming

10:00 B-I-N-G-O!

11:00 Karaoke 🞜 12:00 Trivia

1:00 Ladder Ball

WAGGEUTT

9:45 Morning Moves

10:00 Spin-It

to Win-It 11:00 Bucket Ball

12:30 Name 5 Things

1:00 Volleyball

WEDNESDAY

9:45 Sit and B-Fit Exercise

10:00 Snowflake Bowling

11:00 Holiday Word Scramble 12:30 Guess 10

1:00 Mini Basketball

THURSDAY

9:45 Cardio Drumming

10:00 Snowman Roll & Cover Dice Game

11:00 Ring Toss 12:30 Reminiscing

1:00 B-I-N-G-O!

FRIDAY

9:45 Seated Stretching

10:00 Get Crafty with Juanita & Pat 11:00 Gone Fishing 12:00 Who Am I? 1:00 Basketball

9:45 Cardio Drumming

10:00 B-I-N-G-O!

11:00 Washer Toss 12:00 Would You Rather?

1:00 Live Music with Shan

9:45 Morning Moves

10:00 Church with Karl

11:00 Bean Bag Throw

12:30 Who Am I?

1:00 Noodle Ball

9:45 Sit and B-Fit Exercise

10:00 Chuck -A-Duck

11:00 Giant Winter Memory Game

12:30 Dad Jokes

1:00 Bucket Frisbee Toss

9:45 Cardio Drumming

10:00 B-I-N-G-O!

11:00 Entertainment Legends w/ Karl

12:30 Guess 10

1:00 Music with Grace Fellowship

(whole building)

10:00 Dart Board 11:00 Pet Therapy

9:45 Seated

Stretching

with Molly & Paul 12:00 Trivia

1:00 National Hot Chocolate and Popcorn Day!

Wear a Christmas Hat and Socks!

9:45 Cardio Drumming

10:00 B-I-N-G-O

11:00 Holiday Hat

12:00 Guess 10

Ring Toss

1:00 Live Music " with Singing Pals

Wear Jingle Bells!

9:30 Morning

9:45 Jingle Bell Toss

Moves

10:30 Cooking Club

12:30 Trivia

1:00 Sing-Along with Elizabeth

Wear Red and Green Attire!

9:45 Sit and B-Fit Exercise

10:00 Holiday Tree Roll & Cover Dice Game

10:30 Cooking Club

11:00 Reindeer Ring Toss

12:30 Who Am I?

1:00 Live Music with Jerry Ball

Dress Like a Christmas Character

9:45 Cardio Drumming 10:00 Reindeer Blast

10:30 CCMCF

Holiday Parade 11:00 Cornhole

12:30 Name 5 Things

1:00 Winter Race Games

Wear an Ugly Christmas Sweater

9:45 Seated Stretching

10:00 Get Crafty with Juanita & Pat

11:00 Karaoke 12:00 Would You

1:00 B-I-N-G-OI

Rather?

Wear a Favorite Christmas Shirt!

9:45 Cardio

Drumming

10:00 Holiday 2 B-I-N-G-O!

11:00 Candy Cane Fishing

12:00 Reminiscing 1:00 Penny Auction

Wear Festive Christmas Attire!

9:45 Morning Moves

10:00 Holiday Trivia 10:30 Bible Study with the Bogans of

11:30 Holiday Cookie 4 Decorating

12:30 Dad Jokes

1:00 Live Music with Shan

THE BANK Christmas Evel

Closed for the

Holiday!

Closed

for the Holiday!

9:45 Seated Stretching

10:00 Shuffleboard 11:00 Slide Car

Challenge

12:00 Trivia

1:00 Table Top Bowling

9:45 Cardio Drumming

10:00 B-I-N-G-O!

11:00 Mini Golf

12:00 Name 5 Things

1:00 Snow Globe Roll & Cover Dice Game

9:45 Morning Moves

10:30 Polarbear Canvas Painting (whole building)

11:00 Plate-It 12:30 Would You

Rather?

B-I-N-G-O!

Wear Sparkles or the New Year!

9:45 Sit and

11:00 Bucket

12:30 Guess 10

B-I-N-G-0!

B-Fit Exercise 10:00 Balance Balls

Ball Toss

1:00 New Year's



OUTINGS 2026

FRIDAY, JANUARY 9TH - APPLEBEES MONDAY, JANUARY 19TH - DAIRY QUEEN WEDNESDAY, FEBRAURY 4TH - RED LOBSTER TUESDAY, MARCH 3RD - MOVIES MONDAY, APRIL 13TH - M66 BOWL TUESDAY, MAY 5TH - CRACKER BARREL THURSDAY, MAY 21ST (TBA) - SENIOR EXPO MONDAY, JUNE 8TH - MOOVILLE THURSDAY, JUNE 25TH - STATION 66



We are looking for donations for our Center's Bingo Prizes!

Below are some examples of acceptable prize donations:

- Word searches, note pads, pens, coloring items, craft kits, drawing materials, etc.
- Stuffed animals
- Home decor or knickknacks
- Everyday essentials shampoo, conditioner, body wash, toothpaste, lotion, etc.
- Purses, bags, and jewelry
- · Socks, hats, gloves, scarfs, etc.

Please contact us with any questions or stop by our Center.

Donations can be dropped off at the Adult Day Care front desk
during open hours Monday - Friday, 8am to 4pm.



crhoda@ccmcf.com

FUN, FRIENDS, FELLOWSHIP



If your loved one is interested in having their photo taken during an activity, program, or outing, please contact our office to update the consent form. We'd be happy to assist.

FUN, FRIENDS, FELLOWSHIP



Thank you to ALL our Veterans for your Service!



Pet Therapy with Molly

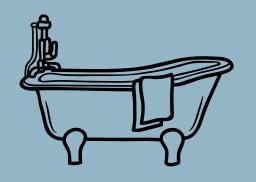
If your loved one is interested in having their photo taken during an activity, program, or outing, please contact our office to update the consent form. We'd be happy to assist.

HEALTHY HABITS



The Center offers supplemental health services such as bathing, podiatry, and restorative therapy.

Contact us today to get your loved one added to the schedule(s)!



The first week of December is observed as National
Handwashing Awareness Week. According to the CDC, keeping
hands clean is one of the most important steps we can take to
avoid getting sick and spreading germs to others, especially
during cold and flu season.

Many diseases and conditions are spread by not washing hands with soap and clean, running water. Making a habit of good hand hygiene is an easy, effective way to prevent infections and sicknesses. Follow the steps below to ensure proper hand hygiene.

Wet your hands- Use clean, running water to wet your hands.

Apply soap- Apply enough soap to cover all hand surfaces.

Lather and scrub- Rub your hands together to create a lather.

Make sure to scrub the backs of your hands, between your fingers, and under your nails. Scrub for at least 20 seconds.

Rinse well- Rinse your hands under clean, running water.

Dry your hands- Use a clean towel or air dry them.

Turn off the faucet- Use the towel to turn off the faucet to avoid re-contaminating your hands.



The two most important times to wash your hands are before and after preparing food, and after going to the bathroom.



Lightly Loved
Pants Wanted!

We are accepting gently used men's and women's pants. Perferrably pants with an elastic waist. All sizes needed.

COMMUNITY CONNECTIONS



Thank You,

For supporting our "Crow the County" Fundraiser! \$2500 was raised to provide Respite Care for people with dementia in Calhoun County.





A special thank you goes to Connie Qualls & Terri Chapman for creating the scarecrow frames!











Meet the ADC TEAM

Caring Beyond Limits



Alicia
Davis
ADC Director



Keely Goff Registered Nurse



Courtney
Childs
Office Support
Specialist



Chloe Rhoda Activity Coordinator



Karl Tracy Activity Assistant



Madilyn Beach Activity Assistant



Paul Fox Driver Coordinator



Kathryn
Rodriguez
Dining Room
Coordinator

Meet the ADC TEAM

Caring Beyond Limits



Gabriella
Melges
....
Certified
Nurse Asst



Marta Sanchez

Certified
Nurse Asst/Driver



Melissa Mainstone

Certified
Nurse Asst/Driver



Adam Berryhill

Certified
Nurse Asst/Driver



Jodi Columbia

Certified
Nurse Asst/Driver



Mary Zeller

Certified
Nurse Asst/Driver



Dan Hyatt

Driver



Michael Glew

Driver



Anthony Clark

Driver

DIRECTIONS:
Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

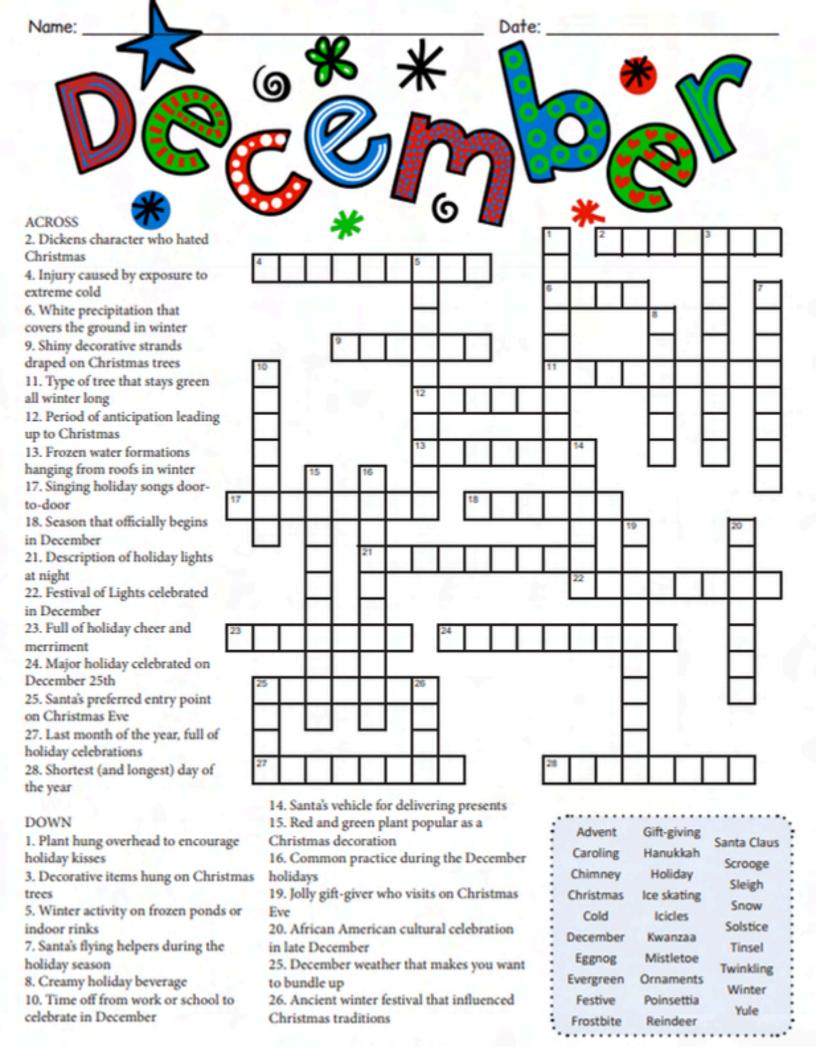
ADVENT CALENDAR ANGEL BALLS CANDLE CHRISTMAS TREE **FAKE SNOW FIGURINES** GARLAND HOLIDAY LINENS LIGHTS MINI TREE MISTLETOE NATIVITY SCENE NUTCRACKER ORNAMENT PINECONE POINSETTIA RED BOW REINDEER SNOWFLAKE STAR STOCKINGS TINSEL TREE SKIRT TREE STAND

WREATH

CHristmas Decorating

Word Search





Horizon	MEDICALHO	000000000	ADC Menu	01000000	December 2025 *Menu Subject to Change*
WEEK	Wheat Toast	Cereal	Oatmeal	Bagel	Cereal
Breakfast	Choice of Fruit	Blueberry Muffin	Blueberry Yogurt	Hard Boiled Egg	Peach Yogurt
	Milk	Juice	Choice of Fruit	Fruit	Choice of Fruit
	Beef Stroganoff	Pork with Sauerkraut	Spaghetti with Meatballs	Turkey	Corn Beef & Cabbage
	Egg Noodles	Garlic Mashed Potatoes	Capri Blend Vegetables	Mashed Potatoes	Roasted Potatoes & Carrots
Name of the least	Sugar Snap Peas	Mixed Vegetables	Choice of Fruit	Green Bean Casserole	Wheat Bread
	Choice of Fruit	Dinner Roll	Dinner Roll	Stuffing	Choice of Fruit
	Cottage Cheese	Whole Grain Chip	Apple Cinnamon Muffin	Cottage Cheese	Peanut Butter
Spack	Shortbread Crackers	Strawberry Yogurt	Fruit	Choice of Fruit	Shortbread Crackers
WEEK 2	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
	Oatmeal	Bagel	Cereal	Toast	Bagel
Breakfast	Fruit	Strawberry Yogurt	Apple Cinnamon Muffin	Blueberry Yogurt	Hard Boiled Egg
	Milk	Fruit	Fruit	Fruit	Fruit
	Swiss Steak	Chicken Alfredo	Meatloaf	Turkey Pot Roast	Chicken Pot Pie
1	Mashed Potatoes	Fettucine Pasta	Scalloped Potatoes	Whipped Sweet Potatoes	Tossed Salad
	California Blend Vegetables	Italian Blend Vegetables	Brussels Sprouts	Sauteed Green Cabbage	Choice of Fruit
	Wheat Bread	Dinner Roll	Wheat Bread	Dinner Roll	Wheat Bread
1	Shortbread Crackers	Cottage Cheese	Whole Grain Chip	Colby Jack Cheese Stick	Blueberry Muffin
	Peach Yogurt	Fruit	Strawberry Yogurt	Fruit	Fruit
WEEK 3	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Breakfast	Cereal Hard Boiled Egg	Oatmeal Peach Yogurt	Wheat Toast Choice of Fruit	Bagel Strawberry Yogurt	Cereal Blueberry Muffin
	Chicken Cordon Blen	Sweet & Cour Dork	Country Eried Steak	Turkey Pot Die	Rourbon Chicken Thinhe
	Daked Potato	Confetti Rice	Mashed Potatoes	Lima Beans	Union Koasted Potatoes
Lunch	Italian Green Beans	Peas & Pearl Onions	Com	Fruit	Broccoli & Cheese
	Wheat Bread	Dinner Roll	Wheat Bread	Wheat Bread	Dinner Roll
	Whole Grain Chip	Cottage Cheese	Apple Cinnamon Muffin	Wheat Bread	Colby Jack Cheese Stick
100	Fruit	Shortbread Crackers	Blueberry Yogurt	Peanut Butter	Fruit

	LITY	Care
YIN	FAGI	Day
COU	CARE	dult
NOON	GAL	rch /
CALH	MEDI	E. Bu
44.44	9	rian
-		Σ

ADC Menu

Month 2025

Thursday 25 Friday 26 Wheat Toast	Blueberry Yogurt	Fruit	We will be Meatloaf	Macaroni & Cheese	for the	OT,TD AVS	Cottage Cheese	Fruit		Test Control of the C	Egg		Sdil.	Gnocchi	rt Squash			5	
Wednesday			W.	J ##		H			Wednesday	Wheat Toast	Hard Boiled Egg	Fruit	Braised Beef Tips	Herb & Mushrom Gnocchi	Roasted Butternut Squash	Wheat Bread	•	Cottage Cheese	Fruit
Tuesday 23 Toast	Fruit	Milk	Chicken & Dumplings	Sugar Snap Peas	Fruit	Wheat Bread	Whole Grain Chip	Peach Yogurt	Tuesday 30	Oatmeal	Fruit	Milk	Cornflake Chicken Breast	Parmesan Noodles	Peas & Pearl Onions	Dinner Roll		Colby Jack Cheese Stick	Fruit
WEEK 1 Menday 22 Cereal	Hard Boiled Egg	Fruit	Ham Slice	Cheesy Mashed Potatoes	Roasted Brussels Sprouts	Whole Grain Dinner Roll	Colby Jack Cheese Stick	Fruit	Monday 29	Whole Grain Bagel	Peach Yogurt	Fruit	Salisbury Steak	Mashed Potatoes	Italian Green Beans	Wheat Bread		Blueberry Muffin	Fruit
WEEK1	Breakfast				Lunch			Special Specia	WEEK 2		Breakfast				Lunch				1



Ingredients

- 1½ stick salted butter, melted and slightly cooled
- 3 7.5 oz can buttermilk biscuits (not the flaky kind), cold
- 8 oz dill havarti cheese, shredded
- ½ cup chopped fresh parsley

CHEESY PULL APART BREAD

This yummy cheesy bread is certain to be a welcome addition to your table. Whether at a holiday party or meal time.







15 MIN

30 MIN

8-10

Instructions

- Preheat the oven to 350 degrees
 F. Generously brush a Bundt pan with some of the melted butter.
- Open all of the cans of cold biscuits and cut each biscuit into quarters.
- In a large bowl toss the cheese and parsley together.
- Arrange half the biscuit pieces into the bottom of the pan.
 Drizzle with half of the melted butter. Sprinkle half of the cheese mixture over the top.
 Then repeat this layering process.
- Bake until puffed, set and deep golden brown, 25–30 minutes.
 Let cook in the pan on a rack for 10–15 minutes. Invert onto the rack then re-invert onto a serving tray. Serve cheese side up. Bread is best served warm.