



YOUR CENTER CONNECTION

October 2025 Issue

For those who couldn't attend, it was a fantastic evening at the Marian E. Burch Adult Day Care Center's fundraising event! A packed house of amateur detectives worked together to solve the murder at our ***"Midnight at the Masquerade" Murder Mystery Dinner Theatre event***. Attendees particularly enjoyed interacting with each other, dressing up, and the performance led by the Murder Mystery Co. ***It was a "Killer" Night!!!***



Thank You Event Sponsors: Calhoun County Senior Services, Kellogg Community Credit Union, and Mr. & Mrs. Depta

Our Mission:

To keep your loved ones in their own home environment for as long as possible with the highest quality of life for the loved one and you as the caregiver.



Assisting & Monitoring Your Loved One's Daily Care Needs



MARIAN E. BURCH ADULT DAY CARE & REHABILITATION CENTER

1150 E. MICHIGAN AVE, BATTLE CREEK, MI 49014

269.962.1750 MAIN

269.962-6008 FAX



FACEBOOK.COM/CALHOUNCOUNTYMCF

YOUR CENTER NEWS

Center Closings, Inclement Weather, and Transportation

Listed below is some helpful information about Center Closings/No Transportation on Bad Weather Day(s).

- Remember to keep your driveway, sidewalks, and ramps salted and plowed. This will allow us to escort and transport the client safely.
- Bad Weather Days! Our policy is as follows...If schools are closed (primarily Battle Creek Public and Lakeview Schools), we will not be able to provide transportation to and from the Center. If the Center decides to remain open and not provide transportation, a staff person will call clients/caregivers to identify who will be self-transported to and from the Center. Note: If the above school districts were previously scheduled to be closed, then the Center will base our decision to not provide transportation and/or closings based on other community transportation/service providers.
- WWMT currently no longer sends Text notifications that our Center is Closed. However, you can still receive notifications regarding closings through the News Channel 3 app. Please see more information below.
- Cancellation Policy—Please call (269) 962-1750 to cancel at least 24 hrs in advance. We understand that uncontrollable circumstances do happen, so feel free to leave a message at any hour of the day. We check messages at 7:45am, M-F. Or email the following staff below. Note: If you choose to send an email notification, please include ALL of the email addresses below to ensure that a staff person receives the cancellation.

Alicia Davis – adavis@ccmcf.com

Courtney Childs – cchilds@ccmcf.com

Keely Goff – kgoff@ccmcf.com

Paul Fox – pfox@ccmcf.com

West Michiganders to get closure alerts via News Channel 3 app Some West Michiganders who have received text notifications regarding closings may notice a pause in service come end of March 2024. News Channel 3 wants to inform viewers that they are no longer using a program called Textcaster.

However, you can still receive notifications regarding closings through the News Channel 3 app. Follow these steps to ensure that you are still informed of closings in your area:

Download the News Channel 3 App: Google Play, Apple Store, or Scan the QR Codes Below



Enable Push Notifications After downloading the app, be sure to enable notifications to receive updates on all thing's news, weather, and sports - including closings.

Open the News Channel 3 app If displayed on top banner, click "Enable Push Notifications" If not displayed, click "Me" on the bottom right, select "App Settings," and toggle on Device Notifications

Loading/Unloading Zone at the Center



Please remember to drive up slowly when arriving at the Main Entrance of the Center. If the buses are parked near the main entrance, please use the parking lot. The safety of the participants, guest, and staff is our upmost importance.



Title VI Notice

Marian E. Burch Adult Day Care Center is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964 and Federal Transit Administration (FTA) Circular 4701.1B.

For additional information on Title VI or to file a complaint, contact:

Alicia Davis, Adult Day Care Director

1150 E. Michigan Avenue, Battle Creek, MI 49014

Phone: 269-962-1750

Fax: 269-962-6008

YOUR CENTER NEWS



PAUL F.
OCTOBER 4TH

MARTA S.
OCTOBER 12TH

KAREN R.
OCTOBER 14TH

SHIRLENE S.
OCTOBER 14TH

BARBARA S.
OCTOBER 17TH

ANTHONY L.
OCTOBER 17TH



The Center will be **CLOSED** on
the following days below:

Thursday, November 27th

Friday, November 28th



Sandy "Sunshine" Reese has been attending Marian E. Burch Adult Day Care, since 2015. She was born and raised in Battle Creek, Michigan, and graduated from Doris Klaussen, in 1985. Sunshine worked at Summit Pointe as a bed maker and at a laundromat, on Union St, for 10 years. Sandy enjoys staying active! She sings, cleans her apartment, does Pilates, goes for walks, and dances at home. Sunshine enjoys many of the activities at the Center; including bingo, going on outings, singing, and visiting with people. When asked about the Center Sandy said; "You have to come and visit us sometime, we're very nice."

MEET
Sandy

Healthy Habits with Celebrations

If your loved one wants to Celebrate their 'special day' with us and you're considering on bringing a treat to the Center to be shared, please contact us one week prior so that we can address food allergies and medical conditions with those who will be in attendance.



This will ensure a
celebration that's safe
and inclusive for all!

Please consider Marian E. Burch Adult Day Care & Rehabilitation Center in your Memorial Contributions and Estate Planning. Or, ask us about how to purchase a Memorial/Dedication Brick.

*In Loving
Memory*



Donations of any kind are always appreciated!

SUPPORT YOUR CENTER



Our City ~ Your Center
Battle Creek ~ Adult Day Care

*Everything
has
Beauty!*



Marian E. Burch ADC Event

Monday, October 27, 2025

4:00 pm-7:00 pm

Come join the community for food and fun while supporting Marian E. Burch Adult Day Care Center. Place a catering order during the event as a great way to contribute. Designating your purchase for this event is easy using the app.



BATTLE CREEK (MI)

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Mark Your Calendar!

Community Care Events

Oct 27th



Cookies for a Cause Events

Nov 17th - 22nd

*Do More Good - Ask us How!
Participate in our FUNdraisers' or to
be a Sponsor of an Event.*



"CROW THE COUNTY" FOR A PURPOSE!

**PURCHASE A
SCARECROW FRAME
TO DECORATE
FOR \$40!**



SEPTEMBER 2, 2025

to OCTOBER 24, 2025
(while they last!)

About Our Event!

We are raising funds to benefit the
Miles For Memories Respite Program,
which supports people with
dementia in Calhoun County!
We can't wait to see your
scarecrows all over the area!



JOIN IN THE FUN!

Please use this QR code or email
a photo of your scarecrow to
eraleigh@ccmcf.com for us to share!

Send Pics!



**EXAMPLE OF DECORATED
SCARECROWS**

SALE LOCATION:

**Marian E. Burch
Adult Day Care Center**

1150 E. Michigan Ave.,
Battle Creek, MI 49014

Monday-Friday, 8am-4pm

**TO SCHEDULE PICK UP
OUTSIDE OF THESE HOURS:**

Call **269-962-1750** and we
will be happy to assist you!
See our order form for
more details!

**Get Your
Scarecrow Frame!**



FOLLOW US



Call Marian E. Burch ADC
269-962-1750
ccmcf.com



**CALHOUN COUNTY
MEDICAL CARE FACILITY**

Marian E. Burch Adult Day Care

"CROW THE COUNTY" FOR A PURPOSE 2025!

September 2-October 24...while they last!



ORDER FORM



#OF FRAMES

AMOUNT DUE

Scarecrow Frames

X

\$40
EACH

=



Cash or check accepted!

*Please make checks payable to:
Marian E. Burch Adult Day Care Center*

SCARECROW PICK UP AVAILABLE AT:

Marian E. Burch Adult Day Care Center

1150 E. Michigan Ave., Battle Creek, MI 49014

Monday-Friday, 8am-4pm

TO SCHEDULE PICK UP OUTSIDE OF THESE HOURS:

Call **269-962-1750** and we will be happy to assist you!

Contact Information

NAME: _____

PHONE: _____

EMAIL: _____

ADDRESS: _____
Street City State Zip

VOLUNTEER CORNER

VOLUNTEERS NEEDED

BINGO

Every Monday @ 10am



Halloween Parade
Friday, October 31st
at 10:45am



If you have a special talent or interested in leading an activities, craft, game, entertainment or special program, please contact our office!



Volunteer Spotlight

Onnie O'Meara



Onnie began volunteering with our community outings, about a year ago. Her husband, Tim O'Meara, was a former client at Marian E. Burch Adult Day Care, for 32 years! While volunteering at ADC, Onilee likes interacting with the clients and hearing their stories. In her spare time, Onnie enjoys quilting and spending time with her grandchildren. If you are considering volunteering with us, Onnie said that volunteering is "rewarding and the help is appreciated". Thanks for taking the time to bring JOY to our Center, Onnie!

Benefits of Volunteering

- Sense of Purpose
- Reduces Stress
- Impacts Lives

GOT AN HOUR!

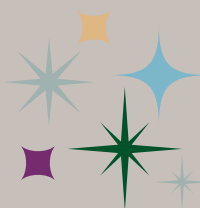
CONTACT US

Volunteer Coordinator

Terri Chapman

Phone (269) 962-5458 Ext 311

Email: tchapman@ccmcf.com



LEARN MORE!



ccmcf.com

YOUR CENTER NEWS

Save Our Sign!



The Center is looking to raise \$4,200 to restore our original sign. This is a unique sign made out of Redwood and has a lot of history dating back to the early 1995.

Any contribution towards the sign is appreciated!

Field Trips

Are you interested in participating in a Day Outing-Field Trip? If so, please consider setting up a 'Trust Fund' at the Adult Day Care Center, by depositing money. The **FUN** is waiting!



**Are you interested in joining our
Advisory Board?
Ask us how!!**

Adult Day Care Advisory Board Members

Bev Kelley, Chair
Pat Fosdick, Vice Chair
Charmaine Burch Bogan, Secretary
Jill Robins, Treasurer
Dave Eddy, Member
Stan Horn, Member
Dr. Tino Smith, Member
Joyce Spicer, Member
Willie Tabb, Member

Memorial/Dedication Garden - Located in the ADC Courtyard

Consider purchasing a Brick to honor someone special!

Ask Us How!!



October 2025

Monday

Tuesday

Wednesday

Thursday

Friday



CALHOUN COUNTY
Est. 1822-1977
MEDICAL CARE FACILITY
Marian E. Burch Adult Day Care

9:45 Cardio Drumming
10:00 **B-I-N-G-O!**
11:00 Pumpkin Bean Bag Toss
12:00 Guess 10
1:00 Spider Roll & Cover Dice Game

9:45 Morning Moves
10:00 Candy Corn Bucket Toss
10:30 **Whole Building Church with Karl**
11:00 Plate-It
12:30 Would You Rather?
1:00 Table Top Bowling

9:45 Sit and B-Fit Exercise
10:00 Basketball
11:00 Bean Bag Slide
12:30 Would You Rather?
1:00 Race to the Pumpkin Patch

9:45 Cardio Drumming
10:00 Cup Slide Challenge
11:00 Bucket Ball
12:30 Mystery Trivia
1:00 **B-I-N-G-O!**

Dress in Your Favorite Pattern!
9:45 Seated Stretching
10:00 Get Crafty with Juanita & Pat
11:00 Karaoke
12:00 Name 5 Things
1:00 Shuffleboard

9:45 Cardio Drumming
10:00 **B-I-N-G-O!**
11:00 Giant Matching Memory Game
12:00 Would You Rather?
1:00 **Live Music with Shan**

9:45 Morning Moves
10:00 Zombie Eyeball Toss
11:00 Gone Fishing
12:30 Mystery Trivia
1:00 Spider Toss

9:45 Sit and B-Fit Exercise
10:00 Pumpkin Ring Toss
11:00 Slide Car Challenge
12:30 Name 5 Things
1:00 **Live Music with Jerry Ball**

9:45 Cardio Drumming
10:00 Halloween Word Scramble
11:00 Washer Toss
12:30 Who Am I?
1:00 **B-I-N-G-O!**

Pajama Day!
9:45 Seated Stretching
10:00 Get Crafty with Juanita & Pat
11:00 Monster Toss
12:00 Guess 10
1:00 Monster Roll & Cover Dice Game

9:45 Cardio Drumming
10:00 **B-I-N-G-O!**
11:00 Witches Hat Ring Toss and Bible Study
12:00 Mystery Trivia
1:00 **Live Music with Singing Pals**

9:45 Morning Moves
10:00 Ghost Roll & Cover Dice Game
11:00 Cornhole
12:30 Name 5 Things
1:00 Eyeball Throw

9:45 Sit and B-Fit Exercise
10:00 Floor Darts
11:00 Skee-ball
12:30 Who Am I?
1:00 Ghost Blast

9:45 Cardio Drumming
10:00 Jack-A-Latern Ping Pong
11:00 **Entertainment Legends w/ Karl**
12:30 Guess 10
1:00 **B-I-N-G-O!**

Wear Your Favorite Halloween Shirt!
9:45 Seated Stretching
10:00 Ladder Ball
11:00 Chuck-A-Duck
12:00 Halloween Reminiscing
1:00 Halloween Town Movie

9:45 Cardio Drumming
10:00 **B-I-N-G-O!**
11:00 Trick or Treat Challenge and Bible Study
12:00 Spooky Mystery
1:00 **Sing-Along with Elizabeth**

9:45 Morning Moves
10:00 Halloween Movie Trivia
10:30 **Bible Study with the Bogans**
11:30 Halloween Pictionary
12:30 Would you Rather?
1:00 Bat Frisbee Bucket Toss

9:45 Sit and B-Fit Exercise
10:00 Matching Pumpkin Faces
11:00 Balance Ball
12:30 Halloween Dad Jokes
1:00 Hula Hoop Pumpkin Toss

9:45 Cardio Drumming
10:00 Candy Corn Roll & Cover Game
11:00 Candy Corn Toss
12:30 Guess the Halloween Song
1:00 **B-I-N-G-O!**

HAPPY HALLOWEEN
9:30 Seated Stretching
9:45 **Halloween B-I-N-G-O!**
11:00 **CCMCF Halloween Parade**
12:00 Halloween Trivia
1:00 **Live Music with Shan**

COSTUME DAY



OCTOBER DRESS UP DAYS!



OCTOBER 3RD

PATTERN DAY!



OCTOBER 10TH



CRAZY HAT & SOCKS DAY!



OCTOBER 17TH

PAJAMA DAY!



OCTOBER 24TH

WEAR YOUR FAVORITE
HALLOWEEN SHIRT!



OCTOBER 31ST

HALLOWEEN COSTUMES!



HAPPY
HALLOWEEN



TRICK OR TREAT





COMMUNITY OUTINGS 2025

THURSDAY, OCTOBER 16TH
- OLIVE GARDEN

FRIDAY, OCTOBER 24TH
- GULL MEADOWS

THURSDAY, NOVEMBER 6TH
- DAIRY QUEEN

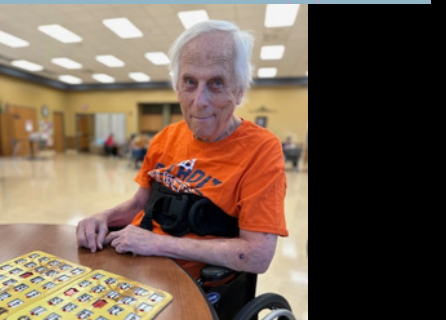
MONDAY, NOVEMBER 17TH
- M66 BOWL

WEDNESDAY, DECEMBER 1ST
- CRACKER BARREL

TUESDAY, DECEMBER 16TH
- MOVIE SHOWING (TBA)

FUN, FRIENDS, FELLOWSHIP

RE
THE
F
UN
D



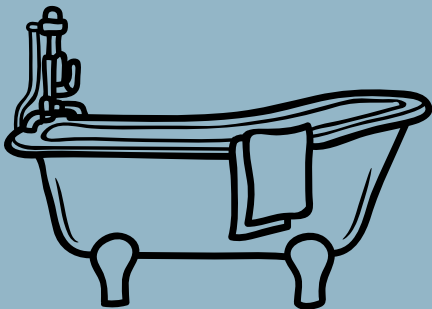
If your loved one is interested in having their photo taken during an activity, program, or outing, please contact our office to update the consent form. We'd be happy to assist.

HEALTHY HABITS

DID YOU KNOW?

The Center offers supplemental health services such as bathing, podiatry, and restorative therapy.

Contact us today to get your loved one added to the schedule(s)!



Autumn Anxiety is Real

Every year, nature puts on the ultimate show as the leaves change color. There's no better month of the year than October to enjoy the vibrant colors of the leaves, whether you take a scenic drive or head off for a proper weekend vacation to get the full effect of the Fall foliage. For many that means pumpkin patches, apple orchards, Halloween stores, college football, and so much more. October is an important month for many, but not all.

As the earth transitions from summer to fall, daylight decreases, triggering chemical changes in the brain in some people. These chemical changes lead to physical symptoms, including disturbances in sleeping patterns, symptoms of depression, and increased anxiety. The condition, called “autumn anxiety,” is real and not to be scoffed at.

Whether it is the change in weather, the anticipation of upcoming holidays, or any other triggers specific to this time of year, giving yourself permission to acknowledge and validate your feelings is an essential first step. In addition to validating your feelings, it is also helpful to engage in other tools to help you cope and manage your anxiety during this time of year.

Here are some ways to cope with Autumn Anxiety:

- Maintain a Structured Routine
- Prioritize Self-Care
- Manage Expectations
- Seek Support
- Light Therapy

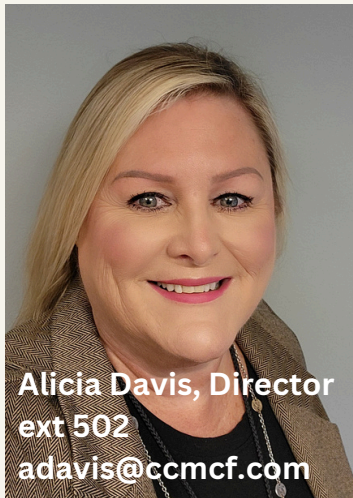


Don't allow anxiety to prevent you from reaching out for help. Break free from its grip and embark on a path towards better mental health.

The Center provides **FREE COVID Test Kits**.
Please stay home if you have any
Cold/Flu/COVID Symptoms.



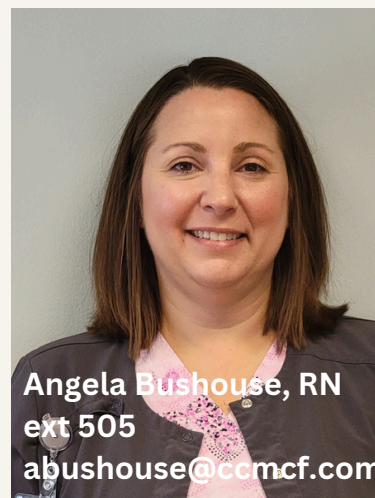
MEET THE STAFF



Alicia Davis, Director
ext 502
adavis@ccmcf.com



Keely Goff, RN
ext 505
kgoff@ccmcf.com



Angela Bushouse, RN
ext 505
abushouse@ccmcf.com



Courtney Childs,
Office Support Specialist
ext 506
childs@ccmcf.com



Paul Fox
ADC Driver Coordinator
ext 500
pfox@ccmcf.com



Chloe Rhoda,
Activity Coordinator
ext 504
crhoda@ccmcf.com



Karl Tracy
Activity Assistant



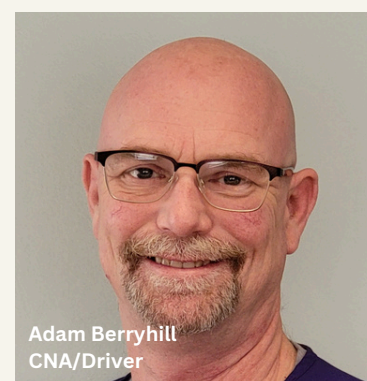
Maddie Beach
Activity Assistant



Marta Sanchez
CNA/Driver



Melissa Mainstone
CNA/Driver



Adam Berryhill
CNA/Driver



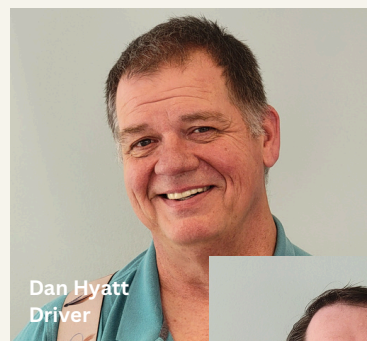
Jodi Columbia
CNA/Driver



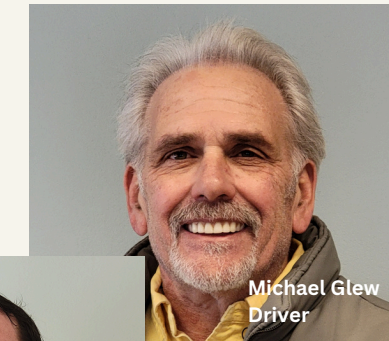
Gabby Melges
CNA



Kathryn (Kat) Rodriguez
Dining Room Coordinator



Dan Hyatt
Driver



Michael Glew
Driver



Anthony Clark
Driver

team
work

ADC Menu

Hello, October.				Wednesday 1	Thursday 2	Friday 3
WEEK 1	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	
Breakfast	Choice of Cereal Hard Boiled Egg Choice of Fruit	Oatmeal Peach Yogurt Choice of Fruit	Wheat Toast Choice of Fruit Milk	Choice of Cereal Apple Cinnamon Muffin Fruit	Wheat Toast Blueberry Yogurt Choice of Fruit	Bagel Hard Boiled Egg Fruit
Lunch	Chicken Cordon Bleu Baked Potato Italian Green Beans Wheat Bread	Sweet & Sour Pork Confetti Rice Peas & Pearl Onions Vegetable Egg Roll	Country Fried Steak Mashed Potatoes Winter Vegetable Blend	Meatloaf Scalloped Potatoes Brussel Sprouts	Turkey Pot Roast Whipped Sweet Potatoes Sautéed Green Cabbage Dinner Roll	Chicken Pot Pie Tossed Salad Choice of Fruit
Snack				Whole Grain Chip Strawberry Yogurt	Colby Jack Cheese Stick Choice of Fruit	Blueberry Muffin Choice of Fruit
WEEK 2	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	
Breakfast	Choice of Cereal Hard Boiled Egg	Wheat Toast Choice of Fruit	Bagel Strawberry Yogurt	Bagel Oatmeal Choice of Fruit	Wheat Toast Blueberry Yogurt	
Lunch	Ham Slice Cheesy Mashed Potatoes Roasted Brussel Sprouts Dinner Roll	Chicken & Dumplings Mashed Potatoes Sugar Snap Peas Wheat Bread	Beef Stew Tossed Salad Choice of Fruit Wheat Bread	Chicken a La King Fettuccine Pasta California Vegetable Blend Dinner Roll	Meatloaf Macaroni & Cheese Corn Dinner Roll	
Snack	Cottage Cheese Choice of Fruit	Whole Grain Chip Peach Yogurt	Peanut Butter Shortbread Cracker	Blueberry Muffin Choice of Fruit	Cottage Cheese Choice of Fruit	

ADC Menu

October 2025

Menu Subject to Change

	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
WEEK 4	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Breakfast	Bagel Peach Yogurt Choice of Fruit	Oatmeal Choice of Fruit Milk	Wheat Toast Hard Boiled Egg Choice of Fruit	Choice of Cereal Apple Cinnamon Muffin Choice of Fruit	Oatmeal Strawberry Yogurt Choice of Fruit
Lunch	Salisbury Steak Mashed Potatoes Italian Green Beans Wheat Bread	Cornflake Chicken Breast Parmesan Noodles Broccoli Dinner Roll Choice of Fruit	Braised Beef Tips Herb & Mushroom Gnocchi Roasted Butternut Squash Wheat Bread	Shrimp & Vegetable Stir Fry Confetti Rice Capri Vegetable Blend Vegetable Egg Roll Wheat Bread	Ham Slice Au Gratin Potatoes Peas & Pearl Onions Dinner Roll
Snack	Blueberry Muffin Choice of Fruit	Colby Jack Cheese Stick Choice of Fruit	Cottage Cheese Choice of Fruit	Shortbread Cracker Blueberry Yogurt	Choice of Fruit Whole Grain Chip
WEEK 5	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Breakfast	Wheat Toast Choice of Fruit	Choice of Cereal Blueberry Muffin Juice	Oatmeal Blueberry Yogurt Choice of Fruit	Bagel Hard Boiled Egg Choice of Fruit	Choice of Cereal Peach Yogurt Choice of Fruit
Lunch	Beef Stroganoff Egg Noodles Sugar Snap Peas Choice of Fruit Wheat Bread	Pork with Sauerkraut Garlic Mashed Potatoes Mixed Vegetables Dinner Roll	Spaghetti with Meatballs Capri Vegetable Blend Choice of Fruit	Chicken Cornbread Bake Baked Sweet Potato Winter Vegetable Blend Wheat Bread	Corn Beef & Cabbage Roasted Potatoes & Carrots Choice of Fruit Wheat Bread
Snack	Shortbread Crackers Cottage Cheese	Strawberry Yogurt Whole Grain Chip	Apple Cinnamon Muffin Choice of Fruit	Cottage Cheese Choice of Fruit	Peanut Butter Shortbread Crackers





RECIPES WANTED!

CCMCF's Life Enrichment Department is hosting a cookbook fundraiser to benefit our Adult Day Care Center program and we need your help!

Recipe Categories Include:

Appetizers

Soups and Salads

Main Dishes

Breads & Rolls

Vegetables

Cookies & Candies

Side Dishes

Desserts

SUBMIT YOUR RECIPES:

- Go to www.typensave.com (**Preferred method**)
- Enter User Name: ccmcf
- Enter Contributor Password: strawberry819

or drop off a handwritten copy to
Marian E. Burch Adult Day Care Center's front desk

*Recipes must be received no later than
Monday, November 3, 2025*



APPLE CINNAMON OATMEAL

This quick and hearty breakfast is perfect for the fall season. This recipe is also easy to make several batches if needed!



PREP TIME
5 MIN



COOK TIME
10 MIN



SERVINGS
2

Instructions

- In a medium saucepan, melt the butter over medium heat. Add the apple, 2 Tbsp of the brown sugar, and cinnamon. Cook, stirring frequently until the apples are softened, 2-3 minutes. Remove a quarter of the apples to a small bowl.
- In the saucepan with the remaining apples, add the oats, salt, the remaining 1 Tbsp brown sugar, and 2 cups of water. Bring the mixture to a simmer and cook, stirring occasionally, until the oats are softened. 3-5 minutes
- To serve: divide the oatmeal between 2 bowls and top each with heavy cream or milk. Top with the reserved apples, cinnamon, and walnuts (if desired).

Notes:

- Storage: The oatmeal can be stored in an airtight container in the refrigerator for up to 4 days.

Change it up:

- Swap the apple for a pear for a spiced pear oatmeal.

Ingredients

- 1 Tbsp salted butter
- 1 honey crisp apple, cored and cut into ½ inch cubes. (2 cups)
- 3 Tbsp light brown sugar, divided, plus more for sprinkling
- 1 tsp ground cinnamon, plus more for sprinkling
- 1 cup old fashioned oats
- pinch kosher salt
- ¼ cup warm heavy cream or milk, to serve
- 2 Tbsp chopped toasted walnuts (optional)



WE NEED YOUR HELP!

**We are looking for donations for our
Center's Bingo Prizes!**

Below are some examples of acceptable prize donations:

- Word searches, note pads, pens, coloring items, craft kits, drawing materials, etc.
- Stuffed animals
- Home decor or knickknacks
- Everyday essentials - shampoo, conditioner, body wash, toothpaste, lotion, etc.
- Purses, bags, and jewelry
- Socks, hats, gloves, scarfs, etc.

**Please contact us with any questions or stop by our Center.
Donations can be dropped off at the Adult Day Care front desk
during open hours Monday - Friday, 8am to 4pm.**



OPERATION CHRISTMAS CHILD

SPREADING JOY, ONE TOY AT A TIME!



How You Can Help

Donate new toys, personal care items, school supplies, clothing/accessories, and games/activities to bring a smile to a child's face this Christmas!

We Accept:

A "WOW" Items

- Small backpack or purse
- Soccer ball and pump
- Stuffed animal or doll
- Hobby or jewelry making kits
- Large toy truck or car
- Other large toys

Personal Care Items

- Toothbrush
- Washcloth
- Comb and brush
- Nail clipper and file
- Water bottle and Flashlights

School Supplies

- Pencils, sharpener, and erasers
- Pencil container
- Pens
- Crayons, Colored pencils, Markers
- Notebooks, Index cards
- Calculator, Scissors, Ruler, Glue stick
- Small adhesive tape
- Drawstring bag

Clothing & Accessories

- Flip-flops or shoes
- Sunglasses
- Wristwatch & Costume jewelry
- Hair accessories
- Clothing and undergarments
- Hats, winter cap, scarf, and mittens

Games & Activities

- Puzzles, Coloring books or pads, Dry watercolor set
- Binoculars and compass
- Musical instruments or Games
- Chalkboard and chalk
- Jump rope and Stickers

Toys

- Small ball
- Building blocks or LEGO® sets
- Slinky® or yo-yo
- Plastic animals
- Magnets
- Finger puppets
- Interactive toys
- Other small toys and figures

Please Avoid:

DO NOT INCLUDE

- Soap
- Food, candy, or gum
- Toothpaste
- Used or damaged items
- Scary or war-related items
- Wearable traditional camouflage
- Seeds or organic matter
- Liquids
- Medication
- Money
- Breakable items
- Matches, fire starters, or aerosols
- Knives, saws, or razor blades

Wondering if an item will fit in an Operation Christmas Child shoebox?

Cardboard dimensions 12x7x4.38 inches
Plastic dimensions 13x7.5x4.7 inches

Drop Off & Make a Difference!

All donations will be distributed to underprivileged children around the world



Halloween

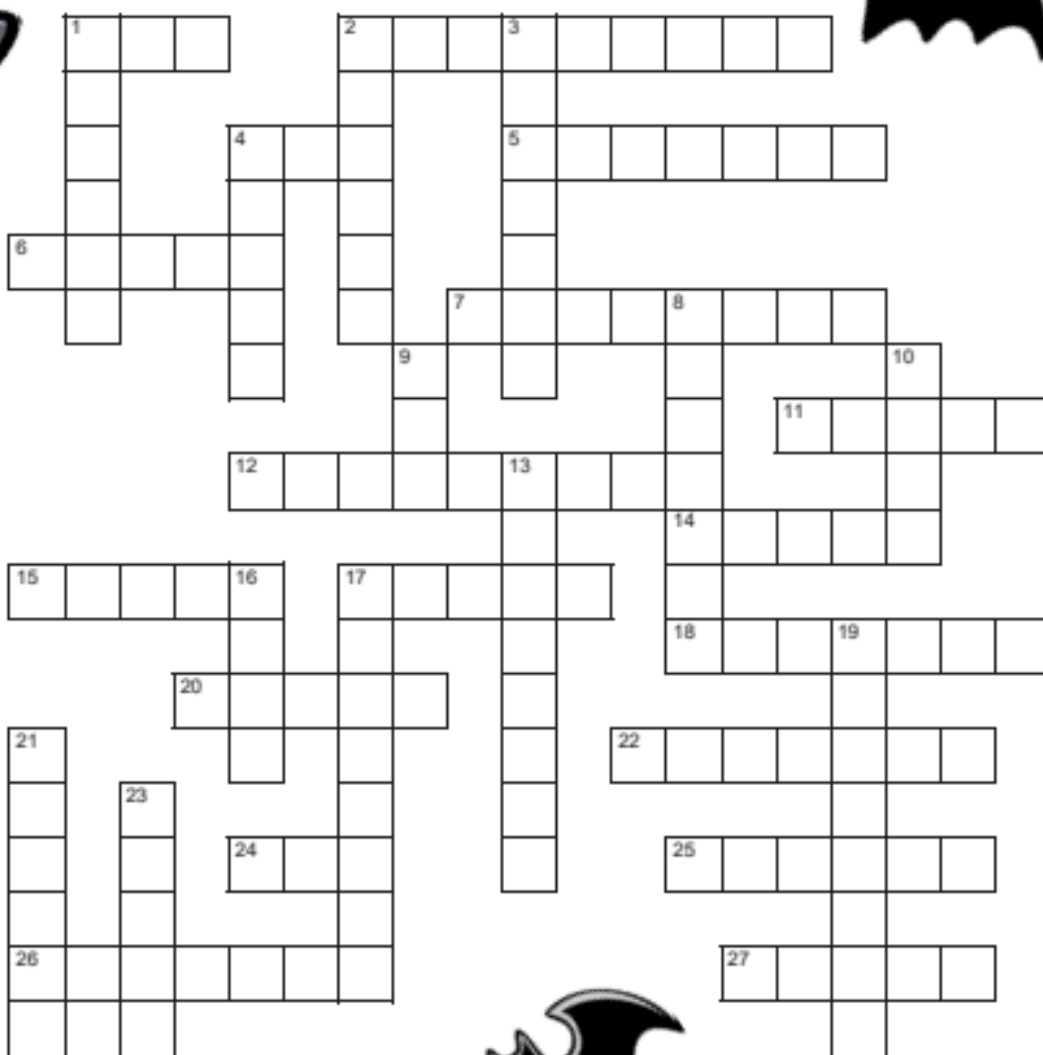


Across

1. He swallowed the canary.
2. Playground for ghosts.
4. What a spider spins.
5. Frankenstein has one.
6. When ghosts come out to play.
7. Scare.
11. What the pot might call the kettle.
12. October 31st.
14. ____ or treat.
15. Witch transportation.
17. Frightening.
18. The Count.
20. A skeleton is just a bunch of these.
22. Disguise.
24. Lives in the belfry.
25. Incey wincey is one of these.
26. Main ingredient in a popular pie.
27. ____ stories.

Down

1. Where a vampire sleeps.
2. Evil or mischievous creature.
3. He hates garlic.
4. Samantha for example.
8. ____ house.
9. Who? Who?
10. Mr. O'Lantern.
13. Comes out on full moon nights.
16. Might be full, half, or new.
17. A boney sort of fellow.
19. Fire burn, and ____ bubble.
21. When something makes our skin crawl, it's this.
23. Found in Egypt.

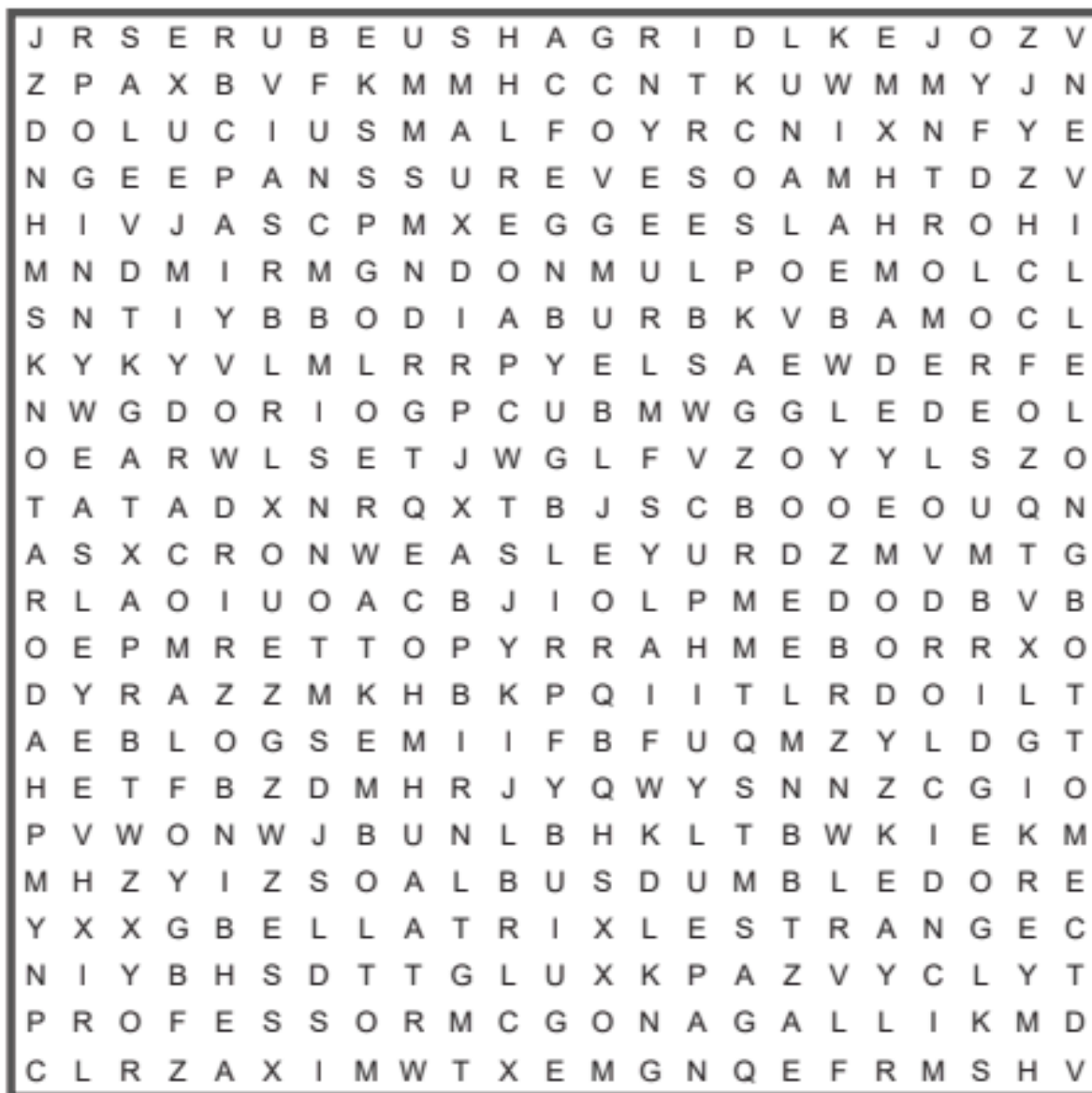


WORD BANK

BAT, BLACK, BONES, BROOM, CAT, CAULDRON, COFFIN, COSTUME, CREEPY, DRACULA, FRIGHTEN, GHOST, GOBLIN, GRAVEYARD, HALLOWEEN, HAUNTED, JACK, MONSTER, MOON, MUMMY, NIGHT, OWL, PUMPKIN, SCARY, SKELETON, SPIDER, TRICK, VAMPIRE, WEB, WEREWOLF, WITCH

Harry Potter Characters

Word Search



Lord Voldemort

Lucius Malfoy

Luna Lovegood

Mad-Eye Moody

Neville Longbottom

Nymphadora Tonks

Professor McGonagall

Remus Lupin

Ron Weasley

Rubeus Hagrid

Severus Snape

Sirius Black

Albus Dumbledore

Bellatrix Lestrange

Dobby

Dolores Umbridge

Draco Malfoy

Fred Weasley

Ginny Weasley

Harry Potter

Hedwig

Hermione Granger



COME RELAX, ENJOY A DAY AWAY & FEEL REFRESHED

Miles For Memories

Caregiver Retreat

NOVEMBER
12
2025

**10AM
UNTIL
2PM**

CHAPEL HILL UNITED METHODIST CHURCH
157 Chapel Hill Dr., Battle Creek, MI 49015

The day is **FREE** to Caregivers. Registration is required.
Lunch will be provided. Ask about respite availability.

CAREGIVERS

Any unpaid individual who regularly assists a loved one with personal care, household chores or health issues.

ACTIVITIES

Informative speakers, massages, manicures, simple exercises, and helpful vendors.

Thank You to Our Committee Sponsoring Members: CareWell Services Southwest Region 3B Area Agency on Aging, Evergreen Senior Care and Rehab Center, Nexcare Health Systems, HomeCare Transitions, Inc., Marian E. Burch Adult Day Care and Rehabilitation Center, Miles for Memories, Senior Care Partners P.A.C.E., and Transitions Care.

TO REGISTER CALL (269) 979-1479

Please leave your name and a call-back number.



2025 UN4GETTABLE MASQUERADE



GALA

Oct 18 | 6-10 PM

Bedford Valley Golf Course / 23161 Waubasca Road in Battle Creek

Elevated hors d'oeuvres / DJ / Auction
Bring plenty of cash for fun games and prizes
Tickets \$75 each / Table of 8 \$525



USE THE QR LINK BELOW

Miles for Memories creates solutions for those impacted by dementia in Calhoun County through



MILES FOR MEMORIES IS MOVEMENT, PROGRAMMING AND RESEARCH AND OF ENCOURAGE BC!



Medicare Open Enrollment is coming up!

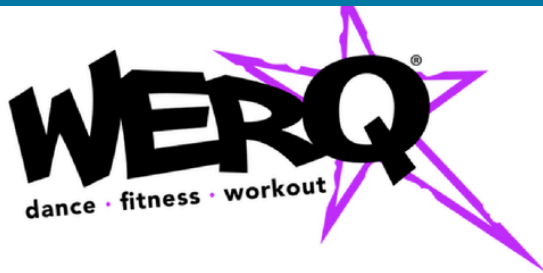
SHIP provides free Medicare benefits counseling.

October 15 – December 7, annually

Medicare provides 100% coverage of 28 Preventive Services with no deductibles or copays. Your SHIP counselor can provide the information you need to utilize these no cost services.

**Call 1-800-803-7174
to schedule your appointment today!**

State Health Insurance Program (SHIP), formerly known as MMAP, has offices in every Michigan county. SHIP is a free, unbiased Medicare counseling service provided to you via local, state, and federal grants.



YOU'RE INVITED!!

Join our community of WERQaholics who believe in having fun and moving our bodies!



**THURSDAYS @ 2:30 PM
OCTOBER 2 – NOVEMBER 6**

*No class October 23

Heritage Commons
Senior Enrichment Center
15885 W. Michigan in Marshall

Open for all levels of ability

**Please call 269-966-2450
for information**

What is WERQ? WERQouts are designed for every body. Our WERQ instructor, Colleen, has crafted a heart-pumping playlist featuring fun modern music. WERQouts are designed with repetitive athletic moves and fresh dance steps.

WERQ is a supportive space where you can come to feel challenged, inspired, entertained, and empowered! WERQ is fitness, fun, and friendships. JOIN US!