"To keep your loved ones in their own home environment for as long as possible with the highest quality of life for the loved one and you as the caregiver"

For more information about our prearranged overnight respite program contact:

Marian E. Burch Adult Day Care Center

1150 E. Michigan Avenue

Battle Creek, MI 49014

269-962-1750



# Calhoun County Medical Care Facility Marian E. Burch Adult Day Care Sharing and caring through the years

# Marian E. Burch Overnight Respite Program

Respite care services are designed to offer families the opportunity for a break from care giving responsibilities. Respite allows the caregiver time to engage in other activities that they find relaxing, entertaining, or restful while trained respite staff provide care for your loved one.

The services and amenities that are available:

- Three nutritious meals daily
- Medication management
- 24-hour supervision and security up to 2 weeks
- Assistance with personal care needs such as bathing, dressing, toileting and grooming
- Laundry Service
- Activities

When a family member has to deal with such things as illness, emergency, and care giver or staff vacation, respite services can ensure that their loved one's needs are met.

While in our respite program, participants are cared for by certified nursing assistant and a licensed nurse is always available.

## The Center

The use of the adult day care not only meets the medical needs of individuals but also their psychosocial needs. One very important aspect of using adult day care services is the opportunity for social stimulation and interaction with others.

The Center provides services to socially isolated, frail, and skilled care clients who may have multiple health problems. The Center is equipped to provide a staff and secure environment for persons with Alzheimer's disease.

# Who is eligible?

Adults age 18 or older who need assistance with personal care and assistance of daily living.

Grants may be available to those meeting financial criteria.



## **Testimonies**

"Overnight respite allows me to do some things that I normally couldn't do for myself, like Spring Break with my children."

"I am the only one my sister has and respite allows me to take a break and do something fun."

"Your respite program gives me peace of mind that when I'm on vacation, I know my mother is well taken care of."

## Remember

"It is OK to take a break. Sometimes we want something so much that we diligently give effort towards it day after day after day. When you feel tired, remember to not guilt yourself over taking a break. It is OK. You can pick up where you left off tomorrow. Ask for help if you can. Exercise some self-care. Look after your own needs. Love yourself. Be kind and generous towards yourself. Remind yourself as to why you are important. Refresh and recharge your spirit."

— <u>Akiroq Brost</u>