

# Burch By-Line

March 2018

Marian E. Burch  
Adult Day Care Center

*Our mission:*

*To keep your loved ones  
in their own home  
environment for as long  
as possible with the  
highest quality of life for  
the loved one and you as  
the caregiver.*

***We are closed***

***For Good Friday***

***On March 30th***

Dear Friends:

Spring is just around the corner! Please don't forget to set your clocks ahead 1 hour on March 11th.

Starting Monday February 26th, we will have a Geriatric Message therapist coming to the center every other week. The cost is \$1.00 a minute. If you are interested in your loved one receiving a message, please contact Diana.

Just a reminder regarding our policy for wheelchairs and foot pedals...our policy states that all clients that are in a wheelchair must have foot pedals, especially when transporting on or off our vehicles. Feet must be secured in place on the foot pedals when being transported from their home to the bus. If your loved one self propels in a wheelchair, be sure that there is a bag on the back of the chair to hold the foot pedals. If you have any questions regarding this, please feel free to give me a call.

When you change your address or phone number, be sure to let staff know in the ADC Business Office. Also, if there is a change in the primary care physician, we also need to know that so we can correct this and update our records.

The center has a new Activity Coordinator, Amanda Melanson. She will be working with me on new activity ideas for the center. She brings a lot of energy to our team and will be a huge asset to our team.

I have heard positive comments about the new addition to our breakfast choices. The oatmeal and cereal seems to be a nice change and we will continue to visit new ideas that provide a nutritious balance to our menu.

Please remember to let me know if you have any concerns or issues. My goal is to make this center the best and it takes all of us to do that. I consider our staff, clients, families, caregivers, and guardians as a TEAM!

Mary Frisby  
Director

## HAPPY BIRTHDAY

**Sarah G ~ Mar 2**  
**Linda Si ~ Mar 4**  
**Jennifer Mc ~ Mar 5**  
**Beverly K ~ Mar 11**  
**Ricky G ~ Mar 13**  
**Helen G ~ Mar 21**  
**Benny B ~ Mar 23**  
**Charles F ~ Mar 28**

## WELCOME

**John H**  
**Lloyd I**  
**Reiko K**

## In Loving Memory

**Elvie R**



*Please consider  
including Marian E.  
Burch Adult  
Day Care Center  
in your memorial  
contributions  
and estate  
planning. Your  
consideration  
and generosity is  
greatly  
appreciated.*

### **.What is Alzheimer's Disease?**

The most common type of dementia.

A progressive disease beginning with mild memory loss possibly leading to loss of the ability to carry on a conversation and respond to the environment.

Can seriously affect a person's ability to carry out daily activities.

### **What is known about Alzheimer's Disease?**

Age is the best known risk factor for Alzheimer's disease.

Family history—researchers believe that genetics may play a role in developing Alzheimer's disease.

Changes in the brain can begin years before the first symptoms appear.

Researchers are studying whether education, diet, and environment play a role in developing Alzheimer's disease.

Scientists are finding more evidence that some of the risk factors for heart disease and stroke, such as high blood pressure and high cholesterol may also increase the risk of Alzheimer's disease.

There is growing evidence that physical, mental, and social activities may reduce the risk of Alzheimer's disease.

### **How is Alzheimer's disease treated?**

There is currently no known cure for Alzheimer's disease, however, there is some help such as managing behavioral symptoms, and slowing or delaying the symptoms of the disease.

### **Support for family and friends**

Caregiving can have positive aspects for the caregiver as well as the person being cared for. It may bring personal fulfillment to the caregiver, such as satisfaction from helping a family member or friend, and lead to the development of new skills and improved family relationships.

Although most people willingly provide care to their loved ones and friends, caring for a person with Alzheimer's disease at home can be a difficult task and might become overwhelming at times. Each day brings new challenges as the caregiver copes with changing levels of ability and new patterns of behavior. As the disease gets worse, people living with Alzheimer's disease often need more intensive care.



### Client of the Month ~ Louella McKinney

Louella has been attending daycare since December of 2010. She just had a birthday in which she turned 101! Born and raised in Fayetteville Tennessee, she was a landlord for an apartment complex retiring in 1985. Louella was married to Livern and had a son, Henry. She enjoys solitaire, crossword puzzles, playing piano, attending church, and listening to gospel music. When asked what she likes the best about the center, she stated that she likes making friends and bible study.

#### Knitting Club



#### King & Queen



Welcome New  
Volunteers!

KCC Dental  
Students



# Searching for March

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



Q	E	A	M	V	P	Y	S	S	H	W	B	D	H	F
L	U	X	W	B	G	V	T	L	P	N	T	E	F	D
P	I	S	C	E	S	G	P	M	I	R	U	P	X	S
T	K	U	I	K	A	F	A	J	S	O	I	Q	B	Y
D	A	Y	L	I	G	H	T	S	A	V	I	N	G	S
Y	S	A	Y	H	Z	L	R	Y	L	I	B	B	G	M
D	T	W	G	Q	I	V	I	K	L	D	R	N	A	X
N	D	R	O	U	C	H	C	L	E	P	R	R	D	J
I	B	E	Q	B	S	U	K	Q	R	U	C	I	M	L
W	A	N	U	I	N	I	S	P	B	H	S	A	H	S
T	O	A	F	F	Z	I	D	A	M	T	J	R	L	T
J	R	A	M	G	N	T	A	L	U	V	N	I	A	A
B	V	C	F	P	D	U	Y	R	H	E	I	E	T	F
K	X	J	M	J	A	H	D	M	P	U	Z	S	X	S
E	N	I	R	A	M	A	U	Q	A	V	E	S	E	W

AQUAMARINE

MARCH

SPRING

ARIES

PISCES

ST. PATRICK'S DAY

DAYLIGHT SAVINGS

PURIM

THIRD

FISH (Pisces)

RAINBOWS


UMBRELLA

JONQUIL

RAM (Aries)

WINDY

# March 2018

Mon	Tue	Wed	Thu	Fri
			<p>1 Chicken//Broccoli Stir Fry Steamed Rice Vegetables of the day Dinner Roll/Marg</p>	<p>2 Krabbycake Macaroni &amp; Cheese Three Bean Salad Vegetables of the day</p>
<p>5 Baked Chicken Mashed Potatoes Vegetables of the day</p>	<p>6 Meatballs/Marinara Spaghetti Noodles Vegetables of the day Garlic Bread Stick</p>	<p>7 Roast Turkey Candied Sweet Potatoes Vegetables of the day</p>	<p>8 Beans/Ham Skillet Fried Potatoes Steamed Cabbage Cornbread</p>	<p>9 Fried Fish Fillet Ranch Roasted Potatoes Vegetables of the day</p>
<p>12 Meatloaf/Ketchup Scalloped Potatoes Tossed Salad/Dressing</p>	<p>13 Orange Glazed Chicken Steamed Rice Vegetables of the day</p>	<p>14 Country Fried Steak Smashed Potatoes Vegetables of the day</p>	<p>15 Chicken Parmesan/ Marinara Spaghetti Vegetables of the day</p>	<p>16 Crunchy Fish White Bean Hush Puppies Vegetables of the day</p>
<p>19 Sweet/Sour Meatballs Steamed Rice Vegetables of the day</p>	<p>20 Baked Ham Sweet Potato Casserole Vegetables of the day</p>	<p>21 Pot Roast/Au Jus Garlic Mashed Potatoes Vegetables of the day Dinner Roll/Marg</p>	<p>22 Turkey Pot Pie Garden Salad Dinner Roll/Marg Vegetables of the day</p>	<p>23 Panko Crusted Fish Au Gratin Potatoes Vegetables of the day</p>
<p>26 Pork Chop White Beans Sweet &amp; Sour Red Cabbage Vegetables of the day</p>	<p>27 Grilled Chicken/Honey Mustard Potatoes &amp; Onions Vegetables of the day</p>	<p>28 Lasagna Garlic Bread Vegetables of the day</p>	<p>29 Chicken//Broccoli Stir Fry Steamed Rice Vegetables of the day Dinner Roll/Marg</p>	<p>30 ADC CLOSED</p>

Menu is subject to change and alternative choices always available upon request

# MARCH 2018

Mon	Tue	Wed	Thu	Fri
<p>May your troubles be less And your blessings be more And nothing but happiness Come through your door.</p>			<b>1</b> 9:45 Exercise 10:00 Arts & Crafts Shuffleboard 11:00 Current Events 1:00 <b>Jerry Ball</b> Black Jack w/ Prentice Crochet Club 2:30 Exercise	<b>2</b> 9:45 Exercise 10:00 Roll the Dice Board Games 10:45 <b>Life In Christ</b> Cards 1:00 Music Ball Cards/Puzzles 2:30 Exercise
<b>5</b> 9:45 Exercise 10:00 Bible Study Bingo 11:00 Entertainment Legions 1:00 <b>Wall Family</b> Cards/Puzzles 2:30 Exercise	<b>6</b> 9:45 Exercise 10:00 Bible Study Bingo 11:00 Current Events Knitting Club 1:00 Skeet Ball Chimes Black Jack w/ Pete 2:30 Exercise	<b>7</b> 9:45 Exercise 10:00 Red Hat Ladies Men's Group 11:00 Current Events 1:00 Volleyball Dominoes w/ Dave 2:30 Exercise	<b>8</b> 9:45 Exercise 10:00 Arts and Crafts Basketball 11:00 Current Events 1:00 Noodlin' Choir Black Jack w/ Prentice Crochet Club 2:30 Exercise	<b>9</b> 9:45 Exercise 10:00 Washer Toss Reading w/Nilene 11:00 Current Events 1:00 <b>Grace Fellowship</b> <b>Choir</b> ♪ Cards/Manicures 2:30 Exercise
<b>12</b> 9:45 Exercise 10:00 Bible Study Bingo 11:00 Current Events 1:00 Singing W/ <b>Vada</b> Cards/Puzzles 2:30 Exercise	<b>13</b> 9:45 Exercise 10:00 Bible Study w/ Charmaine Bingo 11:00 Current Events Knitting Club 1:00 Bocce Ball Black Jack w/ Pete 2:30 Exercise	<b>14</b> 9:45 Exercise 10:00 Revenge of the Pigs Novel Idea 11:00 Current Events 1:00 <b>Sid Van Dyke</b> ♪ Dominoes w/ Dave 2:30 Exercise	<b>15</b> 9:45 Exercise 10:00 Arts & Crafts/ Juanita Net Frisbee 11:00 Current Events 1:00 <b>Olde Tyme Music</b> ♪ Black Jack w/ Prentice Crochet Club 2:30 Exercise	<b>16</b> 9:45 Exercise 10:00 Shuffle Board Board Games/Cards 10:45 <b>Life In Christ</b> Uno 1:00 Kickball Cards/Manicures 2:30 Exercise
<b>19</b> 9:45 Exercise 10:00 Bible Study Bingo 11:00 Current Events 1:00 <b>Singing Pals</b> ♪ Client Council 2:30 Exercise	<b>20</b> 9:45 Exercise 10:00 Bible Study Bingo 11:00 Current Events Knitting Club 1:00 Volleyball Chimes Black Jack w/ Pete 2:30 Exercise	<b>21</b> 9:45 Exercise 10:00 Red Hat Ladies Men's Group 11:00 Current Events 1:00 <b>Marcia</b> ♪ Dominoes w/ Dave 2:30 Exercise	<b>22</b> 9:45 Exercise 10:00 Arts & Crafts Broomball 11:00 Adventures in Travel 1:00 Family Feud Choir Black Jack w/ Prentice Crochet Club 2:30 Exercise	<b>23</b> 9:45 Exercise 10:00 Pen Pals Skeet Ball 11:00 Current Events 1:00 Music in Motion Cards/ Manicures 2:30 Exercise
<b>26</b> 9:45 Exercise 10:00 Bible Study Bingo 11:00 Current Events 1:00 Name That Tune Cards/Puzzles 2:30 Exercise	<b>27</b> 9:45 Exercise 10:00 Bible Study w/ Charmaine Bingo 11:00 Current Events Knitting Club 1:00 Washer Toss Chimes Black Jack w/ Pete 2:30 Exercise	<b>28</b> 9:45 Exercise 10:00 Cow Pie Cooking Club 11:00 <b>Burnham</b> <b>Brook Singers</b> 1:00 Adventures in Travel Dominoes w/ Dave 2:30 Exercise  <b>Monthly Birthday Party!</b>	<b>29</b> 9:45 Exercise 10:00 Arts & Crafts/ Juanita Roll the Dice Games 11:00 Current Events 1:00 <b>Paul Freeburn</b> Black Jack w/ Prentice Crochet Club 2:30 Exercise	<b>30</b>  <b>ADC CLOSED</b>

1150 E. Michigan Avenue  
 Battle Creek, Michigan 49014  
 (269)962-1750



ADC Hours: 7:00 am to 4:30pm  
 Monday thru Friday  
 Coffee hour begins at 7:00  
 Lunch is served at 12:00

# Volunteer Spotlight

**MARCH 2018**

*Marian E. Burch Adult Day Care Center Cathy Winer, Director of Volunteer*

## Can You Help?

- **Bingo assistants needed on Mondays, 9:50 a.m.-11:00 a.m.**
- **Paint clients' finger nails.**
- **Need volunteers to assist with Red Hat Ladies Club the first and third Wednesday of the month, 9:50 a.m. - 11:10 a.m.**
- **Volunteers are needed for Arts & Crafts on Thursdays, 9:50 a.m. -11:00 a.m.**
- **Catholic Mass is on the third Wednesday of the month. Are you available from 1:00 p.m.-1:30 p.m. to accompany a client to Mass located in the nursing home?**

Contact Cathy if you can assist with



## VOLUNTEER OF THE MONTH: PEGGY MOSER

The Volunteer of the Month Award is given each month to a volunteer who exhibits outstanding commitment to volunteer service. This month's Volunteer of the Month is Peggy Moser.

Peggy first got involved with the Center in 2013 when her two special nieces (Gail Martin and Sue Andrews) encouraged her to volunteer here at the Center. Peggy shared that she looks forward to every Tuesday. "I just love the clients here. They are so happy to see us and grateful for all we do."

Peggy retired from the Kellogg Company after 34 years. Peggy and Ken were married for 67 years. They have one son, four grandchildren and four great grandchildren.



In Peggy's spare time, she enjoys spending time with her family. She enjoyed volunteering at Bronson Hospital for over 30 years.

When I asked Peggy what she enjoyed the most about volunteering at the Center, she replied "I just love that the clients are so happy to see us. I love helping the client's play Bingo. They get so excited when they win and get to pick up a prize. The clients do more for me than I feel I do for them".

Peggy wanted to share that "Volunteering is very rewarding. If you are looking for a special place to volunteer, try Marian E. Burch Adult Day Care. You always go home with a great feeling that you helped someone today".

*Thank you Peggy for the joy you bring to Marian E. Burch Adult Day Care Center.*



**SAVE THE DATE**

**Wednesday, April 18th**

## Volunteer Appreciation Luncheon

This year's Volunteer Luncheon will be in the Calhoun County Medical Care Facility Community Center. Doors will open at 11am with the program and awards beginning at 11:30 am. Lunch will be served after the award presentation. Invitations mailed in March. *Please RSVP at 962-1750 with Jody or Cathy.*

**MARIAN E. BURCH ADULT DAY CARE CENTER**  
**1150 E. Michigan Avenue**  
**Battle Creek, MI 49014**  
**(269) 962-1750**

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**Calhoun County Medical Care Facility**  
**Marian E. Burch Adult Day Care**  
*Sharing and caring through the years*